

TAKE ONE MOMENT

TOM OAKURA

JULY 2011

THE MID- WINTER SWIM

From left to right: Isabel Goodhue, Sam Raumati,
Ellie Moyes, Atalya Fakavamoeanga, Lhasa Cook

PHOTO BY ROSIE MOYES.

- more on page 3



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New Zealand Post

TAKE ONE MOMENT

TOM OAKURA

TOM OAKURA is a free, monthly publication, delivered on the second Wednesday of the month to all homes from the city limits to Okato.

THE TEAM

Co-ordinator/Features:

Kim Ferens
06 751 1519
kim@thetom.co.nz

Advertising:

Kim Ferens
06 751 1519
kim@thetom.co.nz

Garden & Baby / Feature writer:

Rosie Moyes
06 752 7609
moyes.family@xtra.co.nz

Proofreader:

Maryanne Rossiter Bennett

Graphics:

Ron Stratford
origin@xtra.co.nz

The TOM Group Ltd
22 Sutton Rd, RD4, New
Plymouth

Email: kim@thetom.co.nz

Phone: 0800 THE TOM
www.thetom.co.nz

Points of view expressed in contributed articles are not necessarily the views of The TOM

EDITORIAL

TOM has had a facelift and doesn't it look good! The website has also had a makeover and is looking sharp with its colour front page images. The TOM Group is also on Facebook if you didn't know – all the TOM images are there in colour. As you all know the TOM is about local news for local people and keeping everyone connected so I hope you all get pleasure out of reading about what our fellow community members are up to.



I was thrilled to have a few people contact me about the bus service that operates every day to New Plymouth – thrilled that people are using the service and wanting other people to get the same benefits as well. I know it takes a long time to change people's habits and we get in a comfort zone that we don't want to move out of but taking the bus to town once a week even is such a good idea. Support these things or lose them!

The weather has certainly been all topsy turvy but I couldn't resist taking a photo of this gorgeous new born calf recently, a sign of spring surely. But it feels like winter has hardly began what with all that balmy autumn weather right up to the end of June. Now look out!

Keep warm

Kim

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COVER STORY



The Mid-winter Swim

"3, 2, 1, GO!!"

The morning air was suddenly filled with the loud thundering of feet as people sprinted down the beach and plunged into the icy cold water.

"The feeling was hard to describe," explains Lhasa. "There was a time when my feet were tingling before they went numb with the cold. It seemed that the sand was colder than the water," she said. "It was a great day and I am really glad that I participated."

On Tuesday, 21 June many people headed down to Ngamotu Beach to participate in the annual Classic Hits Mid-winter Swim. This event was held at 7.30am on the morning of the winter solstice. There were around 100 very brave, or very silly people attending the event, but many did not fancy the cold water and decided not to participate. There were people dressed up for the occasion. PJ's were a big hit among the participants.

Numerous students from Oakura School lined up on the start line ready to take on the ice-cold water. There was an incentive this year: if the two senior classes did not lose 10 points over the week Mrs Taylor and Miss Todd would participate in the event. So they, too, were lined up with us ready to take the plunge. There was a special competition running for teachers. If they took part their name would go in the draw to win a trip to the movies for them and their class. Unfortunately we were unlucky with the big prize draws but Hamish Goodhue, Sam Raumati, Isabel Goodhue, Lhasa Cook and Charlotte Procter picked up spot prizes.

Afterwards we all indulged in a steaming hot cup of soup before heading back to Oakura and school. It certainly was an invigorating way to start the day.

by Angus White and George Tvrdeich (aged 12)



Mayor Harry

Once every three years we get to look ahead and decide what our district's priorities should be for the next 10 years.

This work used to be called the Long-Term Council Community Plan (LTCCP), or Community Plan. Thankfully the official name has been shortened to Long-Term Plan (LTP), and we're now beginning the groundwork by asking for your thoughts about our future. Underway now is TalkNewPlymouth.com. Everyone is welcome to jump onto this website and check out the forums, share your ideas, and enter discussions with each other. The site will be live until 31 July so get in quick to share your views.

The comments that you make will go into the mix as we consider the district's big picture for the LTP 2012–2022.

We are also running a series of focus groups about the district's direction. On these focus groups are key community groups as well as members of NPDC's Citizens' Panel — people from around the district who have put their hands up to be involved in consultations such as this.

If you'd like to be on the Citizens' Panel, please register online at www.newplymouthnz.com/panel (you won't be in time for this round of focus groups, but there'll be more opportunities to get involved over the coming months).

This early consultation — both the TalkNewPlymouth feedback and the focus groups — is a critical part of planning our district's next 10 years. The more information we get from residents this early in the process, the more likely it is that our LTP will accurately reflect the desires of our locals. So please get involved, and encourage your friends and family to share their thoughts as well!

We're less than 12 months out from signing off our LTP for 2012–2022 and we have a lot of work to do between now and then.

Mayor Harry Duynhoven



**Oakura
Library**

Our school holiday programme "Rugby Madness" will be held here from 10–11am on Wednesday, 20 July. Registration is essential as spaces are limited.

For the rugby-mad grown-ups we have the following titles: *All Blacks: Myths and Legends*, *Black Obsession: The All Blacks' Quest for World Cup Success*, *Somebody Stole my Game* and *Pay or No Play*.

We have all your favourite authors' latest novels coming soon: Michael Connelly's *Fifth Witness*, Janet Evanovich's *Smokin' Seventeen*, Jeffrey Archer's *Only Time Will Tell*, and the latest instalment in the No. 1 Ladies' Detective Agency series, *The Saturday Big Tent Wedding Party*. For fiction that offers something a bit quirky or different, try *One Day* by David Nicholls, *Dirty Job*, *When God Was a Rabbit*, *Wulf*, or *A Visit from the Goon Squad*.

We look forward to seeing you,

Karen and Vincenza



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Turning Silver Into Gold

Should the drinking age be raised? Should the age at which teenagers get their driving licences also be raised? How are we going to make school balls alcohol-free? What about pre-ball and after-ball functions? How are we going to solve youth unemployment? How much publicity should youth suicides receive? Do we really want to see more reality television showing drunken teenagers needing the assistance of the police and medical staff? These are all topics that have had considerable airing in the media over this last year.

I am not saying that the current generation should not receive our considerations, after all, they are the future of the country and we want them to succeed.

Every generation in our society has its issues and challenges. There are those who are about to reach retirement age: the 'baby-boomers'. 'Time out' has a whole different meaning for them.

It is time to look at the economic potential of seniors, rather than just the perceived economic cost of an ageing population. The number of New Zealanders turning 65 in the 12 months to July 2011 is expected to be 18% higher than the previous 12-month period. That's a considerable increase. By 2031 the number of New Zealanders aged 65 and over is expected to exceed one million, almost double the current number.

The challenge of funding the healthcare and superannuation needs arising from the increase in the aging population is well documented. But is there another way of looking at the situation? Will baby boomers change our perception of what it means to turn 65 and therefore change the concept of retirement, choosing instead to blend work and leisure into their late 60's and even 70's? Baby boomers have redefined every stage they have passed through, why shouldn't this continue past the age of 65?

The National-led Government believes our 65 and over citizens deserve recognition for their contribution so far. That is why we have New Zealand superannuation. The Government also believes in letting people take responsibility for their own lives. How they plan for their retirement, or how long they want to stay in paid employment, or if they want to combine the two is up to them individually.

Baby boomers will be more fit, active and economically powerful than any other generation reaching 65 in our

history. They will have different needs and preferences than other generations of seniors.

Our mature generation is about to become one of the most significant markets in New Zealand, with their own preferences, which are quite different from earlier generations of older people and also quite different from young people. It is important that we tap into these expectations.

Research proves that productivity of mature workers is equivalent to, if not better than their younger counterparts. Employers need to retain the skills, knowledge and experience of older workers. Mature employees have had time to hone their skills. They've had more decisions to make and learn from. They have learned good judgment based on experience.

We need to think outside the square to maximise the opportunities gained by this generation from a lifetime of experience. It is time to turn silver into gold.

Jonathan Young MP

Jonathan Young
MP for New Plymouth



National

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Kaitake Community Board

It has been quite a busy period for your community board. We have attended various meetings, workshops and briefings since last reporting, many related to the construction of the 2011/2012 Budget. Shortly another round will begin, relating to the construction of the Long Term Plan (LTP) — the New Plymouth District Council's (NPDC) 10-year strategic plan, which sets out major undertakings for the next decade.

The KCB is also gathering together detail and residents' opinions on the NPDC draft Sports Management Plan. The plan will provide direction for the management of 24 sports parks in the district as well as future development for them.

For local residents the two most important parks in the draft are the Okato Domain and Corbett Park. Regarding the domain, one of the questions that has cropped up over the years in Okato is why can't a traffic bridge be built connecting Old South Road and Kaihihi Road and, of course, connecting the domain to the village? The logic is that the domain is already a multi-purpose recreation centre and if vehicle access was improved then further domain development could be assured. If there is community support for this to be progressed then a logical place to start is to include it in the KCB's Sports Parks Management Plan submission (as a precursor to the LTP process next year).

KCB member Teresa Goodin is gathering opinions on this idea so if you have a view please let her know. Obviously it is not something that would happen overnight but there is no time like the present to start a conversation about this possibility, especially as Okato's population is likely to grow as it becomes more targeted as a desirable lifestyle area.

The issue for Corbett Park is that it has always been viewed more as a coastal reserve than a designated sportsground. However, while there are many casual recreational activities there, it is clear that a development concept plan is needed to support the increasing sports events taking place. For example, the sportsground is poorly drained and subject to severe bogging during wet periods. This needs to be addressed.

The status of Corbett Park is different from others in the district too. While the Okato Domain was purchased by the Taranaki County Council from a local farmer in 1964, then gifted to the Crown, and is now administered by the NPDC on behalf of the Crown, the main part of Corbett Park (consisting of the sportsground up to the top of the escarpment on the eastern side) is owned by the proprietors of Parininihi Ki Waitotara (PKW), leased back to the Crown and administered by Council. As owners of the reserve land, PKW has the option of choosing what uses are made of the land in the future if it ceases to be leased as a reserve. The road into the park is Council road reserve.

Corbett Park has great amenity value to the district so the KCB seeks your views on what needs to happen there. Please talk to board members so we can ascertain the appropriate way to submit on the draft. Of course any individual or group can make a submission too. Submissions close at

5pm on Friday, 12 August and information can be found on the NPDC website under 'Current Consultations'. The Oakura Recreation and Community Facility Study is due to be reported back to Council shortly and will be considered as a submission to the draft Sports Park Management Plan as well.

Work is currently being undertaken on Hall Terrace alongside Oakura River, upgrading the drainage of the minor tributary at the rear of the properties to reduce the possibility of flooding from this source. Steps are also being taken to help minimise and manage future flooding risks. This programmed work results from the severe weather event back on 23 May 2007 that caused significant damage to Hall Terrace properties and included a car being swept out to sea. On that day flood levels significantly exceeded any previously recorded. The Oakura River rose rapidly as the natural right angle of the riverbed at the bridge created a choking effect on river flow and created higher water levels adjoining Hall Terrace. Consequently local properties were flooded and severely damaged. Engineers are confident that these major works will significantly minimise the possibility of a similar event. We certainly hope so.

I'm sitting in the sun at the moment banging this out on my keyboard. I must say it lifts the spirits to enjoy some sun after such a prolonged period of rain events. During the past month we have had three times as much rain as we had in the same period last year. Let's hope we now get to enjoy a good spell of fine 'drying out' weather.

P.S.

Don't forget dog registration is due in July. All dog owners with dogs over the age of three months ordinarily kept in the New Plymouth District must register their dogs with the NPDC. Dog registrations need to be renewed annually. For the year starting 1 July 2011, registrations need to be paid by 15 August. Full details can be found on the Council's website.

Ka kite ano

Doug Hislop (06-752 7324) on behalf of Keith Plummer (06-752 7050), Mike Pillette (06-752 7059), Teresa Goodin (06-752 8186) and Deputy Mayor Alex Matheson (06-756 8080) who is the Council representative on the KCB.

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Rich Pickings

Hello everybody,

Well, it has been such a long time since I have had an article in your paper, and for that I apologise.

It seems I only write one when there is bad news. Over the last couple of weeks crime in the Oakura area has increased. While we usually have an increase in crime it is not usually during the winter months.

Of interest, we had a male enter a property a couple of weeks ago while the occupant was present. On being confronted, he left with some items but also left his shoes behind.

A number of vehicles were also broken into in and around the Linda Street area. Above and right are some photos of a very distinctive skateboard that was taken from one of these vehicles.

Any information you have about these offences would be much appreciated and kept confidential. Remember, nobody has the right to steal other people's property and we, as a community, need to work together to keep this type of person out.

With this in mind, it is a timely reminder to ensure that our property is always safe and we remove any valuables from our vehicles or, at the very least, keep them out of sight.

I encourage any of you who are not involved in a neighbourhood support group to join one; it is not overly time consuming and is a great tool to help keep us all safe.

For more information contact North Taranaki Neighbourhood Support on 06-753 2495.

Anyway must go, but before I do did you know Donald Duck comics were banned in Finland because he doesn't wear pants?

Catch you later and take care,

Rich



Have you seen this distinctive skateboard?



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Oakura Art Club

Since February Linda McBreen has opened up her home to children with one common passion: art.

Linda has been a Special Needs Teacher Aid at Bell Block School for four years. Whilst there she helped a young girl with special educational needs and ran a daily lunchtime sketch club. She also managed student art projects, including a wearable art team, art festival and BP Challenge technology team. When the student moved on to high school Linda decided to take a year out to explore and develop her own creative skills. She has been displaying and selling her art work at Real TART.

Linda started the Oakura Art Club, an afterschool club for children aged between 5 and 13, to explore and experiment with different art materials and ideas; it has been immensely popular. There are eight children in a class per session and Linda teaches in three age groups:

Mondays 3.15 to 4.15pm — the youngest children.

Tuesdays 3.15 to 5.00pm — school years 7 and 8.

Thursdays 3.15 to 5.00pm — school years 5 and 6.

The youngest class has been busy making a theatre this term with salt dough characters, two backdrops, curtains and even theatre lights. The children proudly show me their models, and the ideas and the skills involved amaze me. Linda says her role is to support — to let them experiment and explore and learn.

For the older children Linda starts each session with a warm up activity to activate the right side of the brain, the creative side. The children have visual diaries and each week they are asked to bring in an observational drawing that they have explored at home. Linda's mum comes to the classes offering support and baking the much-loved afternoon tea.

The children have been working on a folio board this term, developing their ideas from the starting point of an observational drawing of hands. Certainly not an easy topic and I was impressed by the students' skill and understanding of light and texture. Linda encouraged them to develop their ideas and the students progressed with three-dimensional drawings, painting and even sculptures.

Linda inspires and brings out the creativity of all her students in a homely environment with a 'have a go' policy. It's a great opportunity for Oakura children; I am amazed by how much natural talent there is.

By Rosie Moyes



Top left to right: Daisy Valentine, George Lehrke, Gina Fraser, Cullan Read, Ellie Dinnis, Caja Hancock and Hazel Lehrke proudly show their theatres on the slide they play on at the end of the session!



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Bus Service Catches on With Locals

The City Link bus service with its catchy little slogan “let’s go on the bus” has been given the big tick by a few locals. It’s a great service that anyone along Surf Highway 45 can have access to by flagging down the bus and village dwellers can catch it at the bus stops. Chris Clarke from The Taranaki Regional Council is heartened by the comments of the users and hopes they result in more people using the service. We think Transitz’s drivers have been doing a great job not only making the service enjoyable for passengers but also getting out into the community and spreading the message. This is reflected in a steady increase in passenger numbers – for example, there were 454 passenger trips in May 2011 compared with just 94 in June 2010. We’re pleased with this level of growth but plenty of seats are still available. And don’t forget, if you’re a SuperGold card holder, you can travel for free between 9am and 3pm. Also, WITT staff and students can travel for free on all services.

Here is what a few of the locals had to say:

Andrea Leadbetter, Russell Drive.

“It’s been great having a bus service to travel in and out of work on each day. It took me a wee while to figure out this wasn’t the school bus service, and that you can actually wave it down anywhere along its route around the perimeter of the village, but now I have that sorted, the daily bus trips have become a welcome addition to my routine. Don’t get me wrong, I am certainly not a radical, tree hugging, fundamentalist, though the thought of taking a whole bunch of cars off the roads that our kids walk to school on is quite appealing.



Chris the bus driver, Andrea and her children.

The big reason is we now leave one car in town and have only one at home so it is just so easy to catch the bus.

David and I sat down one night to work out the comparison of the actual cost to run our smaller vehicle (including insurance, maintenance and tyres etc), and to catch the bus is half – YES HALF the cost of running my very small car. By paying \$3.70 per trip, the cost to buy a ticket that you can use to get into town, you can also transfer to any bus on the 10 routes that cover New Plymouth to get to your destination. I take the bus on average about three or four times a week, which is saving the family about \$21 per week.

But one of the really big advantages for me is just getting some time to sit and relax and catch up on my Sudoku or to read part of my book, even if it is only for 20 minutes each way. I’ve also met heaps of really interesting people and the bus trips have become a great opportunity to catch up on what is going on around the village.

It took a couple of weeks to get my head around the new routine, but now I find it just so valuable having that extra 20 minutes each way to plan my day or to wind down before I get home, and being a busy mum, this can be the only time I get to have down time, so I really appreciate it when it fits in with my travel plans.

It doesn’t suit to take the bus every day, so I just need to plan in the evening if I take the car home or catch the bus. On the evenings I take the bus home, I leave my car at work.

In the mornings the kids sit with me and wait for the bus to come – we’ve put one of our old sofas in the garage so we can sit and read books until the bus arrives. And sometimes the kids ride home with me on the bus, which I look forward to as it is really good quality time together looking out the window and talking about what we can see.

The big thing is if we want to keep this awesome service, we need more people to use it. If you want more information about the bus service, or if you had any questions, you are welcome to give me a ring on 0274 776 912 – I’m happy to ask the bus driver if I don’t know the answers. If you get the chance to try it out, give it a go ... it is a really fun trip.”

Sarsha Hood

“Our family only has one car now so this has made me get on the bus. This is an easy choice for me as our family is trying to live in a more environmentally sustainable way and using the bus is a good environmental choice. We are even managing to fit some of the kid’s extracurricular activities in with the bus too. It is great getting to know people of all ages on the bus, all while saving money and not having to worry about parking meters and petrol prices.”




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TOM Sports



Fishing News

The wet and wild weather is still stopping play most weekends, although I did manage a trip with Jim Morwood in the port and we managed to catch kahawai, snapper and gurnard, with the big snapper topping 20lb. Yes, it was caught inside the port not far off Ngamotu Beach.

We have had a surfcasting day that saw us land six red cod, but further north the odd snapper is still being landed. Best spots are Wai-iti Beach and Mokau.

The new committee has been elected and planning for the new season is underway.

If you are keen to try surfcasting or kayak fishing give me a call on 06-752 7055, or email harri1fam@vodafone and I'll let you know when our next event takes place.

The Oakura Surfcasting and Kayak Fishing Club now has a website with all upcoming events, photos, etc.

See www.oakurasurfcastingandkayakfishingclub.co.nz



Garry with a good snapper.

Kaitake Golf Club News and Events

GREETINGS.

Wet! Wet! Wet! Blimey, I think I might need to visit the doctor. I've discovered that my voice has changed to sound more like a quack, the webbing between my toes seems to be more prominent, and hunters seem to be looking at me with a glint in their eyes! What could it mean?

Yes, I think it's fair to say we've had our share of rain and the club competitions have been suffering as a result. It's never easy for match committees when they have to decide whether the day's play should proceed or not, so I take my hat off to those of you who are in that unfortunate position.

However, in spite of the weather most of the winter season competitions have progressed pretty well. At the time of writing the Men's Top Dog is at semi-final stage as is the Midweek Ladies'. A number of other Midweek Ladies competitions have been played out with Club Captain Maureen Nielsen featuring very prominently in the results. The medal-ford, which is the best three out of four rounds, was won by Maureen with Sally Kwon runner-up. The Thomas Cup was also won by Maureen and this time Janet Horn was runner-up. Julie Reid proved that the Club Captain is mortal by taking out the Nell Dickey trophy, but the Nielsen run of form continued and Maureen finished runner-up.

The Midweek Nine-hole Ladies are the club's star performers in the regional events this year. They have just two rounds left to play and are leading their Pennant competition. Well done, ladies, keep up the good work. In their club programme Jo West and Coralene Le Breton have won the Top Dog.

The Weekend Ladies are continuing with their competitions but, like the men, they have suffered a lot of very wet days. Their Pennant results haven't gone the way they would have liked and they are already looking forward to next year.

The club's next open event is the Subway Ambrose, which is to be played on a beautifully fine Sunday, 17 July. This event proved to be very popular last year and the numbers are expected to be very good for this year's event. If you're keen, get a team of four people together and give the club a call for details. Or, if you don't have anyone you can call on to make up a team, contact the club anyway as there are bound to be others in the same boat. Thanks to David Howse at Subway for the generous sponsorship for this event.

Speaking of sponsorship, if anyone knows of good ways to raise funds give us a call as the club is in need of a new rough mower and they don't come cheap. Any help on this matter will be gratefully received.

Anyway, I must waddle off now as I have a hankering for some more pondweed!

Happy golfing.

Ross Benton



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Oakura Tennis Club

We had a great turn out at the Junior Club Tournament in April. There were 20 girls and boys involved and we divided them up into groups of similar standard. In the end Poppy Mitchell was the girls' champ, with Maddie Hardie Boys second, and Kelsie Husband third. The boys' champ was Nick Wilson and runner-up was Jack Mitchell. Girls' second division winner was Emily Husband and girls' third division winner, Taylah Mitchell. Boys' second division winner was Thomas Skurr.

Most of these players have been involved in the tennis coaching with Wes Elder. We have also just secured a grant with Sport Taranaki for more coaching to start in Term 4. Mike Roberts from Naki Racquets very kindly sponsored the junior tournament.

Well done, also, to all the juniors involved in interclub tournaments this year.

Susan Oldfield

Junior Coordinator 06-752 7715



The Junior Tennis team members.



Junior Girls Champion,
Poppy Mitchell.



Junior Boys Champion,
Nick Wilson.

TARANAKI INTERNATIONAL ARTS FESTIVAL 4 - 21 AUGUST 2011

The 2011 Taranaki International Arts Festival is brimful with theatre, dance, music and literary events. Featuring around 30 different shows, 60 events, spread over 19 days, a magnificent historic spiegel tent and a community lantern parade involving thousands of people.

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Locals Feature in National Cross-country Championships

Four local New Plymouth Boys' High School (NPBHS) boys, Jonti Hine (Year 9, 3km), Max Hardie Boys (Senior, 6km), William Jones (Intermediate, 4km) and William Livingston (Senior, 6km), have recently returned from Ashburton where they participated in the annual Secondary School Cross-country Championships. The best runners from all over New Zealand get together to compete in their age groups and this year the NPBHS runners did very well. TOM-Oakura asked the boys a few questions about their experience.

Where did you come at the cross-country nationals in Ashburton?

Jonti: 164th (12.05mins)

Will Jones: 69th (14.25mins)

Max: 106th (21.55mins)

William Livingston: 107th (21.56mins)

Where did your team come in the team event?

Jonti: Year 9 3-man team came 7th.

Will Jones: My intermediate team got 7th in the 6-man team race. We didn't do so well in the 3-man competition! (A credible 15th Will!)

Max: I didn't place in the team event this year, but last year I was part of the gold medallist 3-man team in the junior race.

What other cross-country events have you been to this year and where did you come?

Jonti: I went to Auckland Grammar and came 35th, I think. I also went to Tauranga for the Super 8 School competition, and the Taranaki Secondary School Champs.

Will Jones: School Cross-country 7th, Wanganui High Exchange 1st, Auckland Grammar Exchange 7th in Year 11, Taranaki Cross-country 5th, Super 8 Schools 20th.

Max: Taranaki Secondary Schools Cross-country I placed 3rd in the Intermediate race. I also competed in the Super 8 Schools Cross-country, Auckland Grammar Exchange and the Brenda Ballinger Memorial Race.

How long have you been in the NPBHS cross-country team?

Jonti: Five months, since I started at the school.

Will Jones: Since the start of 2009.

Max: Three years.

How long have you been running?

Jonti: About two years.

Will Jones: Only seriously since I joined the team.

Max: Three years. I started running with the cross-country team in Year 9 at Boys' High.

What is your practice regime?

Jonti: Run twice a week with the NPBHS running squad, I also run when I can on my own.



Jonti, on the right.

Will Jones: I generally run 5 or 6 times a week, averaging around 40km. This involves team trainings on Mondays and Fridays, plus my own training.

Max: Three runs a week. Also I swim seven times a week and this helps to keep me fit.

What do you like about running or why are you in the cross-country team?

Jonti: I like to keep fit and it is good training for my other sports. I am in the cross-country team because it is fun and all my mates do it and you get to go to a lot of places.

Will Jones.



Will Jones: I like the mixed ages and people involved in the team — there is a really good team spirit.

Max: It keeps me fit and I enjoy the travel opportunities with the team.

Who is your inspiration?

Jonti: Javier Gomez, World Triathlon Champion because he is good at what he does and he is a nice guy.

Will Jones: Nick Willis.

Max: An American Olympic runner, Steve Prefontaine.

Other interests?

Jonti: Rugby, surfing, triathlon, snowboarding and biking.

Will Jones: Cricket, soccer, skiing, fishing and hunting.

Max: Surfing, swimming, surf lifesaving, skiing and mountain biking.



Max Hardie Boys.

Kaitake Rugby Club

KAITAKE SENIOR THIRDS MADE IT TO THE TOP SIX!

We've had a great season with many people coming together and getting the rugby club up and running again. Anthony Callaghan is coaching and Terry Sigvertson has done a great job as team manager in getting the enthusiasm up.

Whiskey and Blue are still playing and there are a few new (and old) names and faces in the team. The committee have also done a great job in keeping it all together and running smoothly: Phil Thomson (Chairman), Tanya Farrant (Secretary), Pete McBreen (Treasurer and Junior Convenor), Les Nairn (Whiskey)(Club Captain), Lionel Megaw, Brian Norgate, Pete Howe (Kaitake Riders), Lara Read (Catering), Tony McAlevy, Raymond Lewis, Graeme Parkinson.

We have four junior teams this year. We thank the parents who have put their hand up to be junior coaches and managers - U6 (Coach: Shaun Churchill), U7 (Coach: Mark Robinson), U8 (Coach: Glen Sullivan) and U12 (Coach: Tony McAlevy). We will be having a prizegiving at the end of the month so look out for the blue and black flyer to find out more details.

Thanks also must go to the supporters - having you there on the sideline helps build enthusiasm in the club and the teams.

Here are the results as at the end of June:

KAITAKE SENIOR 3RDS - ROUND 1

26 March Coastal vs Kaitake L 43-17
2 April Kaitake vs Eltham/Kaponga W 52-16
9 April Okaiawa vs Kaitake L 31-21
16 April Kaitake vs NPOB W 13-0
22 April Border vs Kaitake L 50-8
30 April Kaitake vs Southern W 54-5
7 May Stratford vs Kaitake W 18-41
14 May Toko vs Kaitake W 17-34
21 May Kaitake vs Tukapa L 17-26
28 May Bell Block vs Kaitake W 7-78
4 June Kaitake vs Inglewood W 36-13

KAITAKE SENIOR 3RDS - ROUND 2

11 June Tukapa vs Kaitake L 20-0
18 June Kaitake vs Stratford D 12-12
25 June Kaitake vs Okaiawa W 25-10



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NPOB Surf Lifesaving

It is with much pleasure that I report on another very successful year at the New Plymouth Old Boys Swimming and Surf Lifesaving Club. A year in which we again fulfilled our obligation to provide quality lifesaving patrols at Oakura Beach with highly qualified, motivated, skilled and fit young people willing to give up their weekends to ensure we execute our Purpose: To Prevent Drowning and Injury at Oakura Beach.

I am in awe at the amount of voluntary organisational time that is gifted by the amazing people in our club to ensure we have the necessary resources, both monetary and human, to fulfil that Purpose.

Our patrolling members collectively completed 1,126 voluntary patrol hours, with Antony North, Ben Nelson and Bridget Billing individually achieving over 50 voluntary hours each. That's over six full weekends! Another special mention goes to Myken Hurley who won Patroller of the Year for the 2010/2011 season. Her contribution to lifeguarding and training helped us to grow our qualified membership and provide opportunity for prospective lifeguards for NPOB. Over the winter months, we hope to get more members with their IRB driver's qualification along with getting up-to-date with our first aid skills and unit standards.

Surf sport is the biggest recruitment tool we have and the biggest part of each member's education in the ocean. In a competitive environment it is also what clubs use to compare themselves with one another and it has a direct affect on how a club is viewed both locally and nationally by the media, stakeholders, sponsors and the general public. NPOB has proved over the past season that we have some of the best athletes, not only in our own backyard and nationally, but in the world. The results achieved by our members in the past year really are incredible when you read the summary of the major events we contested.

WORLD CHAMPIONSHIPS — EGYPT

Ayla Dunlop-Barrett and Glenn Anderson picked up five world titles at the 2010 World Champs in Egypt. Ayla won the Surf Race and 4 x 50 obstacles and Glenn won the Taplin, Tube Rescue and 200 Super Lifesaver, breaking his own Commonwealth record by 3 seconds in the process.

AUSTRALIAN NATIONALS

Special congratulations to Ayla Dunlop-Barrett on her outstanding performances in winning Women's Belt Race title at the Australian Championships. This was followed by her silver in the Open Women's Surf teams and Board Rescue, and bronze in Tube Rescue.

SANYO-BUSANG INVITATIONAL — JAPAN

Dylan Dunlop-Barrett competed for the New Zealand development team in Japan, with Australia, Great Britain and USA also attending along with a number of Asian teams. This proved to be a very successful competition for Dylan.

He achieved some fantastic results, with the highlights being wins in the Tube Rescue and Surf race. The new kid on the scene, he turned a number of heads with his ability to not only swim fast but also put together a good race plan.

DHL INTERNATIONAL CHALLENGE

We had three athletes compete for New Zealand at the International Challenge up at Mount Maunganui, the biggest representation from any club. Ayla was selected for this team some time ago, but Glenn was prematurely taken from his position of resting to cover an injury to compete in the first two tests. Dylan was brought in for the last test to earn his first cap for New Zealand in Surf Lifesaving. All three athletes managed to pick up wins against their Australian counterparts in various events throughout the week.

SLSNZ POOL CHAMPS

We managed to pick up a number of national titles with Max Hardie Boys, Ben Nelson, James Perry and Mitch Owen picking up gold in both the 4 x 50m Obstacle and 4 x 50m Medley relays, Talor T.O. Owen and Isaac Hardie Boys winning the Line Throw, and Mitch Owen making a little breakthrough for himself in winning the 200m Obstacles.

TARANAKI CHAMPS

For the third year in a row we have showed we are the top surf sports club in the region with a decisive victory at the Taranaki Champs. The execution of basic skills by our athletes was very pleasing to watch and made the gap between NPOB and the other clubs very evident with our overall score beating the other clubs combined.

OCEAN ATHLETES — OCEANS 11

Gold

U13 Beach Sprint: Olivia Eaton

U13 Beach Flags: Olivia Eaton

U11 Run Swim Run: Zac Reid

Silver

U14 Mixed Beach Relay: Olivia Eaton/Amy Barron/Talor Owen/Lachlan Stevens

Bronze

U14 Beach Flags: Amy Barron

U14 Board Rescue: Talor Owen/Lachlan Stevens

NATIONALS, MT MAUNGANUI

The team of 17 won eight gold, two silver and four bronze medals. The team sat at second overall for a long time before points from the boat arena came in, dropping them to seventh. It was very pleasing to see so many of our young competitors step up and win medals for the first time, with four gold medals coming from our U16's, including an awesome effort from Eilish Hurley, who jumped up to Open to join Ayla in winning the Tube Rescue. Dylan, Ayla and Glenn were also named, once again, in the New Zealand squad for the World Champs and Glenn was named Male Competitor of the Carnival.

Shane Herbert - Lawyer

Civil Litigation

7599119

National Results, Mount Maunganui:

Seventh Place

Gold

Run Swim Run Open Men
Board Rescue U16 Men
Tube Rescue Open Men
Open Women

Glenn Anderson
B Nelson/M Owen
G Anderson/I Owen
E Hurley/
A Dunlop-Barrett
Casey Stevens
Mitch Owen
Glenn Anderson
Ben Nelson

Beach Flags U19 Women
Surf Race U16 Men
Open Men
Board Race U16 Men

Silver

Run Swim Run Open Women
Beach Flags U16 Women

Ayla Dunlop-Barrett
Eloise Stevens

Bronze

Board Race U19 Women
Surf Teams Race U16 Men

Casey Stevens
M Hardie Boys/
O McCullough/
B Nelson/M Owen
E Hurley/M Cowley/
A Dunlop-Barrett
A Beavis/
M Hardie Boys/
B Nelson

Open Women

Board Relay U16 Men

IRB NATIONALS

Michael Melody and Anthony Ander graduated to the Premier Division on the back of their gold medal performance in the Senior Tube Rescue. Daniel Charteris and Drew Whitehead also gained a bronze medal in the Under-21 Division.

NPOB IRB TEAM

Eleventh place overall

Tube Rescue: 1st — Senior, M Melody/A Ander/M Hurley
3rd — U21 D Whitehead/D Charteris/L Zieltjes

When our youth are given opportunities through world-class coaching and community support, anything is possible and achievable!

NPOB plays a vital and increasingly important role in our community. We offer a safe and fun environment for families, challenging, exciting and rewarding sporting opportunities for all, and a critical lifesaving service. We all feel proud of our contribution to the wellbeing of our community.

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TOM GARDEN OF THE MONTH:

Lara's Healthy Home and Garden

Lara Coxhead and her two sons Oliver (11 years) and Daniel (9 years) live a few kilometres from Oakura surrounded by two acres with the most amazing 360-degree views. They moved into their home about six years ago and on the wet and stormy day of my visit Lara happily shows me around.

Lara explains that they wanted to make a healthy home and environment for the family, striving to be self-sufficient by growing their own organic home produce and avoiding as many toxins and pollutants as possible. In their home they used eco-friendly paints and natural woods, staying away from the manufactured woods that use glues, like MDF and plywood.

A lot of the wood used in the house is recycled. The sash windows came from the old Stratford Hospital and the house is supported by old Australian hardwood power poles, which are a lovely rustic feature throughout the house. The exposed earth bricks are made from sand, cement and lime and compressed, not baked, to allow the house to breathe.



The family in the native area.



The orchard.



Daniel and the Rimu that Lara planted when he was born.

The focal point of the kitchen is a magnificent central island of Matai wood, a native timber from the Totara family. Lara shows me into the pantry — down two steps with no insulation and an outside vent. It was designed to be three degrees lower in temperature than the rest of the house to preserve food. The shelves are impressively stocked with jars of homemade preserves — preserved peaches, chutneys, elderflower syrup and even sweet chilli sauce, all from the garden (thanks for the recipe, Lara, I will give it a go!).

But I think it is the insulation of the house that I find the most amazing — the underfloor insulation is glass bottles. Lara tells me how every day for several weeks they collected trailer loads of glass bottles from the New Plymouth and Hawera waste depots (approx 30,000 bottles!). The bottles were meticulously laid out on the floor — a real labour of love — then covered with a layer of sand and then cement. The air trapped in the bottles keeps the house warm.

Lara explains that she likes to keep the emphasis on a healthy home with organic food... self-sufficient. So dodging showers we venture outside.

Lara is working fulltime at Pukeiti, and previously she has worked for DOC in the South Island, in orchards and berry farms, and in Auckland for six years with native species. Great for keeping Lara busy in the kitchen! As we talk, the chickens roam the garden enjoying their freedom. Lara shows me the native area that she has recently planted. A grass path meanders its way between the Lancewoods,

the Kahikatea with its rusty red leaves (turning green as it matures), and Karo and Ngaio (the fast growing protectors). Oliver and Daniel proudly show me their trees that Lara planted for them when they were born. Oliver has Miro and Daniel, a Rimu. Oliver's has been moved several times but Lara thinks it will be too big to transplant again! What a fantastic idea to rebalance the ecosystem.

Thank you Lara, Oliver and Daniel for showing me around your lovely home and garden. You will receive a \$12 voucher courtesy of Fairfields Garden Centre.

Photos and story by Rosie Moyes



Oliver with the apple tree that he grew from a pip when he was about 4 years old.

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Oakura's Postie Parks Up

Oakura locals Lionel and Carol Megaw have officially handed over their postie run and now it is in the capable hands of Bruce and Deb Jackson.

Locals may have noticed their mail is being delivered at different times than they are used to as Bruce has his own route round the village, but the mail is still being delivered daily. Locals can contact Bruce and Deb on 06-752 1166 for information about their mail or to organise redirections, etc.

Lionel and Carol delivered Oakura's mail for more than 20 years and Carol says they will miss the daily interaction with the community. "It was always good to have a chat at the letterbox," says Carol.

For the past seven years Denise Rielly had been the postie bike girl, delivering the mail rain, hail or shine, and Carol says she has been a reliable and loyal worker. Denise always had a smile on her face and would always give a cheerful wave. When Denise took up a job in New Plymouth, Lionel's nephew took over delivering the mail.

Lionel is continuing to work fulltime in New Plymouth and Carol is taking a well-earned break and getting involved in fun activities around the village. Lionel and Carol wish Bruce and Deb well with not too many wet days ahead!



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YOUNG LEADERS' DAY CONFERENCE

On Tuesday, 24 May the head pupils of Oakura School went to a Young Leader's Day conference in Palmerston North. They were great representatives for Oakura School. This is what our four head pupils, Charlotte, Grace, Angus and Liam, thought of the whole experience.

Liam: I learnt lots of new things about being a leader. I particularly liked Alison Moony because she characterised people into animals. I luckily was one of the people to get picked and I ended up characterised as an otter. I liked it how in the lobby there was music and I met lots of other young leaders from other schools while breakdancing. I learnt that being a leader doesn't mean taking all the credit but being someone who people want to follow.

Charlotte: I really liked Alison Shanks and Nick Tuitasi because their message was just to be yourself and stand up for who you are and your beliefs. It was an awesome day out and a very memorable time. I enjoyed the loud music in the lobby and the happy faces all around:). Be who you are and say what you feel because those that matter don't mind and those that mind don't matter. That is one of my favourite sayings of all times because I can relate to it and that's what people need to hear. The long car trip was worth it and if the opportunity was offered to me again I would without a doubt not pass it by. Stand up for yourself and be proud of who you are.

Angus: I really enjoyed this experience and I learnt a lot about what it means to be a leader. The speaker that I enjoyed the most and found the most inspirational was Alison Shanks. I thought that she conveyed a very good message that I personally like, the way she told us about her experiences as an Olympian and as a Commonwealth Games Gold Medallist.

Grace: I loved the experience and I learnt what it truly means to be a leader. We had some speakers there who have had some problems in the past with drugs and telling lies and they gave us some advice. There was also a woman called Allison Mooney who is a personality specialist and explained the different sorts of people and their strengths as a leader. It helped me understand how I can be a better leader and I can't wait to use my newfound skills to help solve problems and improve my leadership skills further.

All of Oakura School's head pupils thought this experience was very helpful and useful. The skills they learnt will benefit them later in life and they will use them to make Oakura School a better place.

By Megan Vickers (12 years old)

PLAYCENTRE MURALS

In the first term the Oakura School art leaders were given the task to paint two murals to replace the ones on the Playcentre fence.



Grace Powell and Timi Te Ua worked on an under-the-sea painting.

"I love to paint and it is great to know that in 10 years it might still be there!" said Grace.

"I think it is nice for the kids and when I'm 16 hopefully it's still up there. It was a great learning experience and it helped me lots with my painting," said Timi.

Lhasa Cook and Nouveau Rogers worked on a surfboard mural.

"I found it really fun and I think it will be a really great start for my career as an artist," said Nouveau. "I thought it was hard work, good fun and it was definitely worth it!"

The murals have been sent away to be sealed and will hopefully be put up soon on the Playcentre wall. We all can't wait to see them.

By Lhasa Cook

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THE POHUTAKAWA KITCHEN

Oakura School Cookbook

Friends of Oakura School (FOOS) have with the help of parents, teachers and sponsors, created a fabulous "community" cookbook as a major fundraiser for the school this year. Proceeds from the sale of the book will go towards the fit-out of the kitchen in the Pohutakawa Centre.

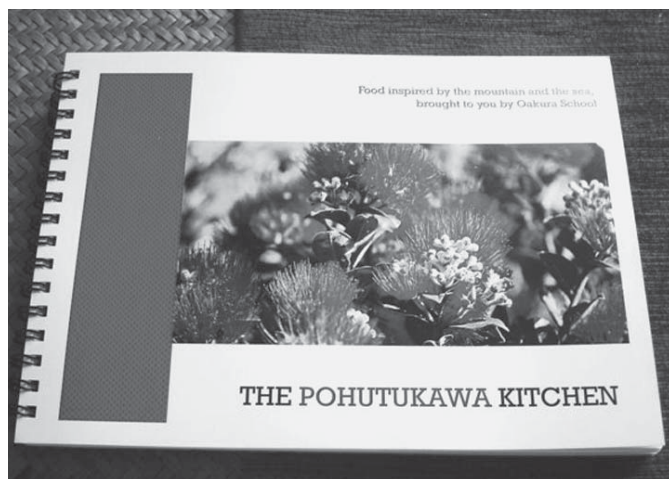
All 100 recipes are from families at the school and various supporting businesses.

Professional photographer Rebecca Scott's beautiful colour and black and white photographs of the school's children, various dishes and Oakura are throughout the book.

The theme of the cookbook is "Mountain to the Sea" to reflect Oakura and its surroundings.

Books will be available from early August; however there will be pre-order sales. The cost of the book is \$20. The initial print run is for only 200 copies, so you'll need to be quick!

Download a pre-order form from the school's website – www.oakura.schoolzone.net.nz or pick one up at the school office, where you can also see a proof sample of the book.



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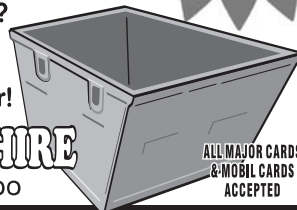
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COMING EVENTS

July

15 Music Assembly

End of Term 2

August

1 Term 3 begins

4 Playgroup 9–11am

9 R1 Art Gallery visit

14 'Well Being' Event in hall

16 R4 and 5 Art Gallery visits

17–18 3D Conferences

Early finish both days, 12 noon

YEAR 8 YOUNG LEADERS' CONFERENCE REPORT

On 24 May the Year 8's arrived very early at school to be in time to board the van (or Charlotte's car) departing for Palmerston North at 6am. We had ahead of us a three-hour drive. On arrival in Palmerston, we walked to the Regent Theatre, got our booklets and went to take our seats.

We listened to three of the five inspiring speakers before lunch, including Nick Tuitasi, Alison Mooney and Alison Shanks, and after lunch we listened to Dave Atkinson and Pat Buckley. They talked about their life experiences and what inspired them to be great leaders. John Key, Brooke Fraser and Jason Gunn recorded video clips for us to listen to. In between the speakers we were shown clips out of movies showing aspects of leadership in different ways and we also played games like "Stay standing if..." to learn more about each other. We all had our favourite speakers who taught and inspired us. It was well worth getting up so early for.

When the conference was finished we went back to the van and discovered that someone had left the lights on, so we called the AA to come and jumpstart the van. On the way home we stopped at Hawera to eat at Subway and have a drink. By the sound of the cheering in the van on arrival this was obviously one of the highlights. Before long we were back on the road driving home to be either dropped off or picked up from Omata School after a very exhausting, stimulating, fun day.

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LAKE ROTOKARE RESERVE TRIP

One of the things we believe is very important here at Omata School is our custodial role over our own small coastal bush reserve; to this end we base our rich topic every two years on the bush.

This year our focus has been on the birdlife. Most classes are reaching the end of their learning and to finish off in June we visited the Lake Rotokare Reserve (east of Eltham). The Rotokare Scenic Reserve Trust has successfully raised the funds to construct a predator-proof fence around the reserve and now, several years on, the native birdlife in the reserve is flourishing. The reserve has also employed an educator and set up a classroom (the old Mangamingi School building).

The purpose of our visit was to see and enjoy the benefits of custodianship in action on a large scale (Rotokare is the only pest-free and fenced large natural wetland in New Zealand), and to tap into the supporting education programme run by the Trust. This expanded our students' knowledge about the importance of conservation efforts and encouraged them to engage more with efforts to develop our own reserve.

By Pat Murphy

St. AUBYN
veterinary clinic



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“Move It Or Lose It” Exercise Classes Now in Oakura

“Move it or Lose it” exercise classes have been going for about 10 years throughout Taranaki and are becoming more and more popular as our aging population realizes the benefits of regular exercise and how it impacts on their lives. Although there are lots of fitness centres in and around New Plymouth, there are still people who do not feel comfortable using them, so our community-based classes are ideal. At the moment we have classes in Westown, Bell Block, Waitara and Urenui and now, Oakura.

“Move it or Lose it” says it all — it appears that as we age, the less we do, the less we can do. Therefore being active and being aware of how these classes can impact on our lives in a positive way is a good thing. It helps to improve our lifestyle and our ability to take better care of ourselves, to be more independent, and also to keep in check the growing health issues like heart disease, diabetes, stroke, high blood pressure and obesity. A lot of these conditions can be improved, if not reversed, through regular exercise and a well-balanced diet.

In our classes we work on balance, improved flexibility, strength, and cardiovascular (heart) health to make everyday living much easier and more enjoyable. The classes are a lot of fun, and very effective. The music is very motivating and the instructors are caring and fun-loving people who are passionate about what they do. They understand the importance of how they are helping people and the difference it can make.

All of the “Move it or Lose it” instructors are qualified and between them they have many years’ experience.

Gloria Zimmerman is instructing in Oakura, Bell Block and Waitara and has 25 years’ experience in the fitness industry. She has worked with seniors for approximately 18 of those years. Gloria has lived in our community since the early 80’s. She’s happy to give something worthwhile back to the community as her family grew up here and they still love coming back for some R and R. “It’s a great place to live and play,” she says.

For further information please contact Gloria on 06-752 7442 or 027-02849111, or Sonia on 06-757 5757 or 027-6148844.

Move it or Lose it

TARANAKI

Where: Kaitake Rugby Rooms, Corbett Park, Oakura. *(This venue may change depending on numbers.)*

When: Wednesdays at 9.30am *(class runs for an hour).*

What to bring: a towel, a bottle of water, and lots of enthusiasm.

Cost: \$4 per person or \$3 each for married couples.

Each person is required to fill out a medical screen in case of any injuries and/or medical conditions, so that we can be aware of these when exercising.

Gloria 06 752 7442 or 027 284 9111

*For information on other classes available, please contact:
Sonia 06 757 5757 or 027 614 8844*



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Gloria leading her enthusiastic bunch of ‘Move it’ ladies.

TOM baby

Welcome to Oakura to the Matheson family: Sara and Richie and their two gorgeous children Brody aged 3 and Connie just 5 months. They moved from Falkirk Scotland four years ago and have just moved to Oakura. Sara says it is a fantastic place to bring up her family.

By Rosie Moyes



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Gardening with Rosemary Herb July Checklist

Vegetables

Plant broad beans, asparagus crowns, onions, garlic, shallots, cabbage and spinach. Add compost and lime to vacant soil in readiness for spring planting.

Flowers

Sow seeds of alyssum, delphinium, larkspur, dianthus, sweet pea and cornflower. Lift and divide dahlias, cannas and phlox.

Prune roses. Spray with Champion Copper for control of fungal diseases, and Conqueror Oil for control of scale insects and mites.

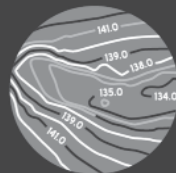
Fruit Trees

Plant fruit trees.

Prune established fruit trees on a dry day to avoid spread of diseases. Paint wounds with Bascal Pruning Paint to prevent disease entering the tree.

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PSP visits your pets in your home or paddocks while you are at work, away for the weekend, or away for an extended vacation. The goal of this service is for your pets to remain comfortable and content when you can't be home. Kennels are the ideal solution for some pets; we care for pets that would rather stay in their own homes when their owners are away.

PSP offers services for your dogs or cats, which may include feeding, walking or vet visits when you can't get away from work. Cats may need brushing or to have their litter boxes changed. PSP also loves to care for the bigger pets in our lives, such as horses, which appreciate their feed on time or need their rugs changed or to move to a new paddock. You might need PSP to meet the vet for you, or the shoer. PSP also takes care of additional household tasks like bringing in the mail or watering your houseplants.

PSP's rates are based on the number of visits in a day and the total time required at each visit. This system allows for visits to be customised for your pets. PSP's goal is to keep your animals' lives as normal as possible even though they'll miss you while you're away.

PSP is operated by Holli Marshall, who has many years' experience working with animals. Holli is an animal lover and has run a service-oriented business teaching people to ride, compete and care for their horses. In doing this Holli has been lucky enough for people to entrust the care of their horses and other animals.

Holli is more than happy to discuss your pets' and your needs. Please see PSP's ad for contact details or have a look at the website at www.petsittingplus.co.nz







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OAKURA CLUBS & GROUPS

Country and Western Club

Every 1st and 3rd Friday from 8.00pm. Contact Betty West, 89 Wairau Rd. Ph 752 7816.

Hurford - Omata - Oakura Rural Women

Meet 2nd Wednesday each month at 1.00pm. New members welcome. Contact Jean Kurth 751 2274.

Indoor Bowls

Mondays 7.30pm at Oakura Hall.

Ring Mike Vickers 752 7881.

JKA Karate

Tuesdays at Oakura Hall 5.30-6.30pm.

Thursdays at Oakura Hall 6.00-7.00pm.

Contact Jim Hoskin 752 7337.

Mini Groovers

Tuesday mornings 10.00am, Oakura Hall.

Gold coin donation.

Oakura Pool Club

Meets every Wednesday evening 7pm @ Butlers Reef over winter. Phone Chip 027 621 4999 or 752 1004.

Oakura Tennis Club

Always open to new players.

Contact John Hardie Boys 06-752 7592.

Okato Squash Club

Ladder league Monday nights 7am start ph Chez 752 4097 for more details.

Omata Playgroup

Every 2nd Thursday, 9.00am at the Omata Community Hall. Ring 751 2308 for next session date. All parents and pre-schoolers welcome.

Playcentre

Playcentre, Donnelly Street.

Monday, Wednesday and Friday 9am to noon.

Visitors welcome by appointment. Ph Bridget on 06-752 7223.

Plunket Coffee Mornings

Held at attendees homes Wednesday 9.15am - 11.00am (please arrive before 9.15am) ph 027 829

14 **CANCELLED UNTIL FURTHER NOTICE** Woodhadden 021 118 8406, to where and/or to be added to the weekly notification list.

Senior Citizens

Meet Tuesdays in St James Church lounge for cards and bowls. All welcome. Phone 753 5705 for enquiries.

St James Church, Oakura

Morning worship 10.00am, 2nd and 4th Sundays of the month.

St John's, Omata

Morning worship 10.00am, 2nd Sunday of the month.

Volkswagen Club

Events range from car rallies, the YMCA climbing wall, camping, BBQ get togethers and sharing good family times and knowledge. Contact Brian Goodhue, the El Presidente 752 1290, email podsnail@xnet.co.nz

Yoga

No classes on Saturday and Keith Plummer is taking Tuesday night from 7:30 to 9pm (same time). At Oakura Hall, beginners are welcome. Ph 752 7050.

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