

TAKE ONE MOMENT

SEPTEMBER 2011

TOM OKATO

SNOW IN OKATO



Vanessa, Isabella and Cinnamon,
with their snowman on the
trampoline at Dover Rd.

- more on page 2



TAKE ONE MOMENT

TOM OKATO

TOM-OKATO is a free, monthly publication, delivered on the second Wednesday of the month to all homes and post-boxes from Timaru Road to Bayly Road.

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*Points of view expressed in
contributed articles are not necessarily
the views of TOM*

E D I T O R I A L

Recently, the people of New Zealand farewelled a prominent and much loved public figure,



who has a special place in the hearts of Maori and Pakeha alike. Sir Paul Reeves became Arch Bishop of Aotearoa/New Zealand and later, our Governor General. He personally touched the lives of some of our older community members, who knew him as their own Vicar of St Pauls Parish during 1964 and 1965. Look out for more about Sir Paul and his time in Okato in a TOM coming soon.

We are excited about Taranaki's momentous Ranfurly Shield win! It's been a long time coming; the last time Taranaki held the "Log o' Wood" was for just one match in 1996. Prior to that, Kerry remembers wandering around Rugby Park in 1963 with her teenage friends, hotdog in hand but taking little notice of the game. Taranaki's victory makes our hearts swell with provincial pride. Even Kerry's!

Last but not least the recent weather bomb gave us an experience of a lifetime. We hope you enjoy the snow photos in this edition and thank you to everyone who took the time to send in these little pieces of historical treasure.

Stay warm and well.

Milly and Kerry.

COVER STORY

Snow in Okato



"Wake up, Britt, wake up!" yelled Dad. Well, I must admit I'm not the best at getting out of bed at 6.30am, but today was an exception. While half asleep I thought to myself, "What's happening, what's going on?!" Then Dad directed me to the front door and there it was, snow trickling from the grey cold clouds landing on the icy frozen grass, making a white blanket of snow. Can it be true? "It's amazing!" I mumbled under my breath. What an astonishing way to start a wintry morning.

As I walked out into the bitter air, my senses were shocked as my bare feet crunched into the crisp brittle layer of snow. Wearing only PJ's in these arctic conditions is not the greatest idea on a day like this.

I got geared up to head outside for a snow walk up to Coastal Taranaki School because our school had Teachers Only Day. As we walked up to the school all the land was white and snow covered, it was as if we were in another country. All the trees, grass, mailboxes and houses were all sprinkled with the glowing white powder.

During my amazing day I had a lot of fun building snowmen, having snowball fights and most merriment of all, sledding with our boogie boards on the front lawn.

I'm sure that all of you will take away some amazing memories, with many stories to tell. I know I will always remember this day and maybe it will be the only one that we will ever see.

By Brittaney Carr (aged 12)

**MORE SNOW PICTURES ON
PAGES 6 & 7.**

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Getting Fit Now Easy for Coastal Women

If you want to get fit or lose weight you may be interested to hear about Katrin and her “mobile gym”. Katrin is a Personal Trainer and Nutrition Consultant and came up with her idea to offer Personal Training in your own home last year. It’s been going very well so far.

“People really appreciate me coming to their homes, especially mums who just don’t have the time to make the drive to the gym. A lot of people don’t like the gym atmosphere either and would much rather train at home or outdoors. I am also renting a studio in Okato for small groups or clients that don’t want to train at home.

The training I do is mainly targeting weight loss, toning, and building a good level of fitness. Depending on the client I usually start with building up their core strength to make the faster, more powerful exercises safe. I don’t use any machines apart from cardio machines. There is so much you can do just with your own bodyweight. I work with Medicine Balls, Swiss Balls, a few hand weights, skipping ropes, and people love a bit of cardio boxing too. It is really great to see how fast people progress and how fast their bodies are changing. Not to forget all the health benefits — also for the mind!

I do give diet advice as well and it would be great if it was as easy to make people stick to a good diet as it is to push them through an hour of exercise. Unfortunately after I’m gone I can’t control what they eat, I wish I could! Most people find it easier to adjust to exercise than to change their eating habits. Exercise is a great way to keep the energy output larger than the energy input, which is the only way to lose weight!”

Katrin is a great sports enthusiast herself. She came to Taranaki about six years ago mainly to go wavesailing, a sport that is rather rare to see in New Zealand. “Because there are so few people here sharing my sport I really had to learn to push and motivate myself. Fitness is very important for this sport as the demand on your body is very high. It’s like a full-on cardio workout combined with heavy resistance training. So yes, health and keeping fit for wind-surfing are my main reasons to exercise. It’s important that you find a goal for yourself, it makes it easier to stick to an exercise regime.”

Katrin is trying to make it as affordable as possible for people. She says a great way of training with her is to do about two One-on-One sessions a week for about two months and then join her Outdoor Group training sessions, which are similar to bootcamps, but she doesn’t like calling them that because it scares a lot of people off. “I love running the Outdoor Group training sessions. It’s fun because we are all like-minded people and really push each other. If you go hard I reckon you can burn about 800 calories in one session, which is a lot. There are nine calories in a gram of fat.”

She also very much welcomes friends or families to train together. “I do not charge any extra money for an extra person, it’s not much more work for me, so I don’t see

why I should. My hourly rate is \$25-\$35 so they just have to share that amount.”

The group training is usually on a Saturday morning, changing locations but at the moment at the beach in Oakura. Everyone is welcome!

Katrin’s prices are as follows:

Personal Training \$25-35 for one or two people per hour

Fitness Training (group) \$10 per session or \$80 for 10 sessions.

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021 02255885.



Katrin, on the right, in action with a client.



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TOM Sports

Coastal Karate



Coastal Karate, Okato Dojo attended the second T.S.K.F. New Zealand National Championship Tournament held in Taupo Friday, 12 August–Sunday, 14 August.

Three of Okato's students tell us about their experiences: Matt Hooker, Billie Cameron and Nikita Jay Raxworthy-Ransfield.

Matt received a silver — Kata

Billie received a bronze — Kata

Nikita Jay received a silver — Kata, and bronze — Kumite

On Thursday, 11 August a couple of people from Okato Karate Dojo went to Taupo for a Karate competition over three days. We arrived late and went to sleep at a holiday park.

In the morning we went to the Taupo Events Centre for a tough training with Takahashi Shihan. After that everyone had a relaxing swim at the hot pools.

It was the same on Saturday. Sunday it was the competition, it went all day. At the end there was a prize giving. I got a silver medal overall. I think it was a great experience.

By Matt Hooker (aged 10 years)

On Thursday, 11 August me, Billie and Matt went to Taupo. On Friday we had training for two hours, 9am till 11am and then 1pm till 3pm. Then we had lunch and a rest in the hot pools.

On Friday night we went to the golf club to have tea then we went back to our cabins.

Saturday we did the same thing – training for two hours, a break then training for two hours then to the hot pools.

Then at the competitions on Sunday I was so nervous I had butterflies. But I got two medals! A bronze for Kumite and silver for Kata.

My karate experience was awesome! Even though I was nervous alot, I knew I could do it!

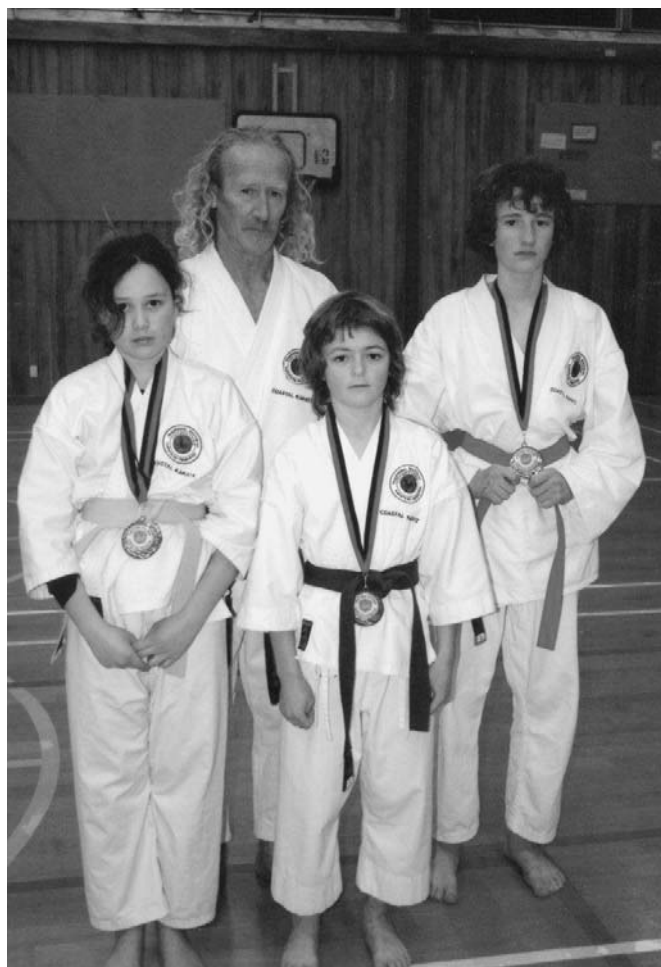
By Nikita Jay (aged 10 years)

On Thursday, 11 August some of the Coastal Karate Club headed off to Taupo for training and the National Competitions. It was a long drive but when we got there we relaxed in the pools.

Friday was a training day followed by a meal at the Taupo Golf Course. Saturday was another day of training and a good night's sleep. Sunday was the competition that we did well at. I received a bronze medal. It was a long day followed by a long late drive home.

Thanks to Jim who drove me there and back. I enjoyed the four days but it was very tiring.

By Billie Cameron (aged 14 years)



Back row Jim Hoskin sensei, Billie Cameron.
Front row Nikita Jay Roxworthy-Ransfield, Matt Hooker with their medals.

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9 and 10 year olds 4-4.45pm

11, 12 and 13 year olds 4.45-5.30pm

There will be a small charge of \$35 per child with the balance being paid by Sport Taranaki.

Parents' assistance will be required.

Preference will be given to those who join and play junior tennis on Friday nights.

Numbers will be limited. With expressions of interest or for further details contact either Maree Moffitt 06-752 8107/027-2629425 or Noeline Vanderpoel 06-752 8200/027-6992121 by 16 September.

Tumahu Golf Club

Sunday, 21 August was an opportunity for club members to attend a coaching session at the Tumahu Golf Club with a professional coach, John Garner, employed by the Taranaki Golf Association.

Murray Martin, junior co-ordinator for Taranaki, contacted Club Captain Anthony Williams and offered the club this opportunity. "It gives people a chance to come and have a go with no pressure to perform, just enjoy the sport and try it out," says Anthony.

John has played as a professional golfer, and spent a lot of time playing golf in Iceland. He coaches those he sees have the potential and want to progress with golfing. His mandate is to visit as many clubs as he can in Taranaki, initiating newcomers or coaching anyone wanting to have a go.

Those involved have the opportunity to learn the correct technique to hold a golf club, how to keep their eye on the ball, body position and tee-ing off.

Blake Carr says, "It was awesome, we were able to hit lots of balls and John taught us to never doubt ourselves."

Anthony tells me that Tumahu Golf Club has one

of the best greens in Taranaki. We have a wonderful groundsman, Rex Bridgeman, who does a superb job in keeping the grounds pristine, fertilised and to the standard they are today.

The club holds many tournaments over the year including the junior section for club members. Twilight golf commences in November. The club encourages families to come up and enjoy a hit and have a drink. It is all very relaxed. This will be held on Thursday evenings 5.30/6pm for approximately 1.5-2hrs.

Club fees are \$120, and \$30 for school-age golfers.

By Milly Carr

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Snow, snow and more snow

15 August, photos by our TOM readers.



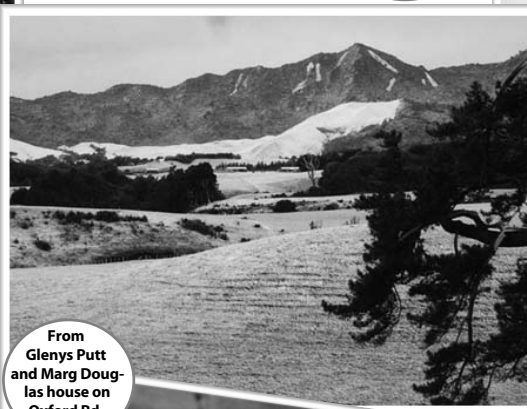
Snow at Puniho, 7am, by Dale Copeland.



Glenys Putt and Marg Douglas' house on Oxford Rd.



CTS playing fields by Rich Corry.



From Glenys Putt and Marg Douglas house on Oxford Rd.



Okato Police Station by Rich Corry.



Newell Rd, By Merv Putt.



We were snowed in and it was so pretty. Danger was snowboarding on the property.

At the Dangers', Dover Rd.



Well - if you can't have a snowman, have a snow car! By Ben Lilley.



Danger, Isabella and Cinnamon contemplate the vista of snow.



Curtis St, Okato township.



Barbara Williams' woolshed, Upper Newell Rd by Dave Marshall.



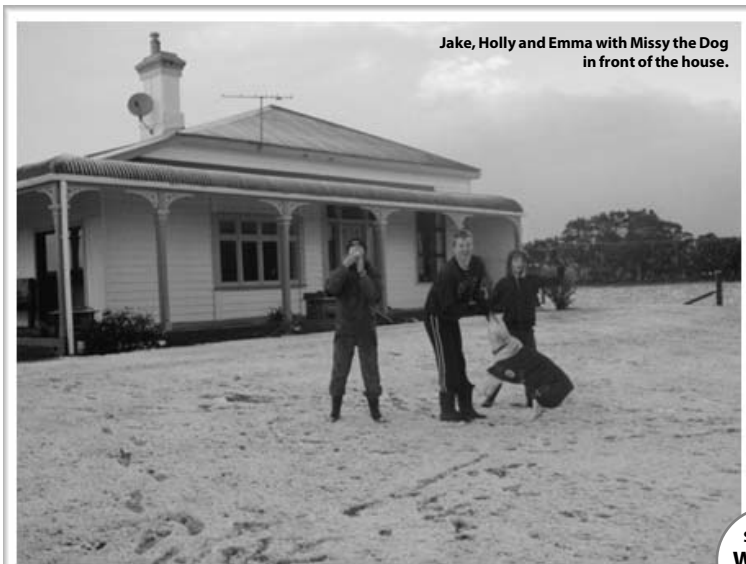
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Samaritan's Purse Operation Christmas Child Shoebox Appeal 2011

THE POWER OF A SIMPLE GIFT

Every year since 1993, Samaritan's Purse Operation Christmas Child has shipped loads of Christmas gift parcels to needy children overseas. Each gaily wrapped shoebox is filled with simple gifts for a boy or a girl in a specified age bracket. There is something to wear, something to play with, something for school, something to love, something for personal hygiene, and something that is, simply, special. Each box can be tracked and sometimes, when the giver has included a message, the recipient writes back. This year's boxes are going to Papua New Guinea and Fiji.

If you would like to contribute a gift-filled box (or go halves with a friend), be assured that its integrity will be respected — as long as it meets requirements. For instance, items must be new. And there are some surprising no-no's. Surprisingly perhaps, one of these is toothpaste, which has an expiry date and may leak. Items that are, equally surprisingly, welcomed include beanies and woollen jerseys — children in hot climates feel the cold! And hankies — Fijian children are not allowed to attend school without one.

To obtain an official "Christmas Child" box or wool to make knitted gifts, or to learn acceptable box sizes or tips and hints about what to include, talk to Cathryn Buttimore, Treishka Morgan or Kerry Lilley (see phone numbers below). Boxes must reach Trieshka by 15 October.

For more information about Samaritan's Purse and Operation Christmas Child, see <http://www.operation-christmaschild.org.uk/>.

FRENCH BREAKFAST FUNDRAISER

A French Breakfast will be held at St Lukes Hall on Saturday, 1 October at 10am to support Operation Christmas



Boxes ready to be filled with Christmas cheer and shipped to needy children.

Child 2011. Get together with friends and reserve a table for eight, or buy a ticket just for yourself. Then find a horizontal-striped top and/or a beret and dress for the occasion (though we'll forgive you if you don't). If you like, bring with you a gift to contribute, a box filled with simple Christmas gifts, or a monetary donation to go towards shipping costs. But most importantly come, enjoy an authentic French breakfast in congenial company, learn more about Operation Christmas Child, and have fun! Holders of lucky ticket numbers will receive small prizes. Tickets are \$10 and are available from Kerry (Okato), Treishka (Lucy's Gully) or Cathryn (Oakura). They can be contacted via the following phone numbers:

Cathryn Buttimore 06-752 7316, Trieshka Morgan 06-752 7455 or Kerry Lilley 06-752 4350.

Story and picture by Kerry Lilley

A pinch of real salt

People need salt! The best salt is from the sea, unprocessed, uncontaminated, complete, moist and rich in organic plankton. Other natural sources include plants that grow close to the seashore - seaweeds and sea creatures. Seed Coastal Organics stocks Malcolm Harker Celtic Sea Salt and NZ Kelp mix which is hand gathered, sundried and rich in 84 known human cell replenishing minerals and trace elements. Biology states that excess salt collects in tissues and body fluids however only refined salt will cause this problem. Natural Celtic Sea salt does NOT accumulate in the tissues. This salt is delicious and nutritious and excellent for our bodies especially when adequate daily water consumption from a pure water source is met. Seed also stocks Malcolm Harker Herbs and Tonics for optimum health such as : Ironnurse - Rich organic iron nutrition for healthy blood. Great for anaemia, fatigue and breathlessness. Calmunurse - Supports soothing, calm, stress free sleep patterns, nerve soothing and excellent for teething babies. Livernurse - Supports healthy liver and gallbladder organ functions. Liver detox specific. Euthenol - Supports healthy respiratory and immune systems, sore throats and colds. Thyronurse - Thyroid gland organic iodine specific, very popular for thyroid function. Plus many other tonics and lotions in store. Malcom Harker M.H.D is New Zealand's foremost producer of traditional herbal products which are distinctive in that they contain freshly collected native and Celtic herbs, homegrown and wild, gathered only in the prime of flowering. See you in store.



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Okato & Districts Young Farmers

— GROWING OUR GENERATION

Mission: Young, motivated, like-minded people coming together to socialise, network and support the community. Connecting town and country to gain practical and personal skills bettering our businesses and ourselves.

Okato & District Young Farmers is a brand new club, formed only last month with over 20 members already!!!

The purpose of this group in our community is two-fold. Firstly, we provide a social environment where young people can meet and make friends, swap ideas and just hang out. Secondly, we provide an environment where people can learn different skills. These are skills such as those used in practical farming like fencing, milking and so on, but also public speaking, meeting procedures and organisational skills. In other words we are also a personal development organisation.

We welcome any young people with an interest in meeting new people and learning new skills, and we would like to emphasise you do not have to be a farmer to join!

Meetings are held once a month, and are advertised around the local community.

If you have any queries, feel free to contact Laura Richardson on 027-464 2657 or Alexandra Lawn on 027-665 9280.



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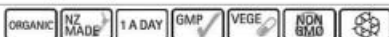
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PCT at Coastal Taranaki School

Sunday, 21 August starting at 9.30am was the Police Competency Test (PCT) at the YMCA in New Plymouth. It was a test showing strength, skill and fitness. Many schools competed, such as Coastal Taranaki School, Highlands, Devon, Inglewood, Sacred Heart and 35 more.

We had to:

- push a trolley with a wheel in it, take the wheel out of the trolley and put it onto the ground;
- run 150m;
- walk along an L-shaped beam 1m above the ground;
- jump a 1.88m long jump;
- jump over a 1m high hurdle;
- run around 5 zigzagged cones;
- dive under 2 low hurdles without touching them;
- climb through a window 13m above the ground;
- climb over a 1.8m solid metal fence;
- drag a 75kg body for 75m;
- climb over a 2.2m cyclone wire fence, with one practice, one try, one trying to beat that time, and a final.

Inglewood came first.

Highlands came second.

Coastal Taranaki School came third.

I was in the Coastal Taranaki School team who came third. My teammates were Milly Denison, Kalin Aylward and Danielle Philips. It was a fun day and finding out we came third was cool.

By Grace Hooker (aged 11 years)

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Creative Flair Blooms From Our Youngsters

On 24 June at Manu Design Store in New Plymouth, Emily Davidson held an art exhibition "Come to the light" where two of our talented Coastal Taranaki School (CTS) children, Grace Hooker and Carys Pullar, were invited to exhibit and sell some of their own creations after Emily spotted the "little monsters" at the local school bookfair.

Carys and Grace, both 11 years of age and in Year 7 had a month to make and design their "little monsters". Materials for their creations were recycled, ready to be loved again. Grace says, "It was hard and very busy to make them in such a short time." The inspiration behind these came from a conversation Grace had with her mum while they were on holiday, where they were brainstorming a business idea for a school trip.

The girls would like to say thank you to Ra at Manu and Emily for the opportunity to showcase their work. "It was fun to have my monsters at a store in town," says Grace.

"Making the creatures is great fun. I love deciding what to do with the faces. That's my favourite part. I was very surprised when Mrs Davidson asked me to make some for her art exhibition at Manu Design Store in town," said Carys.

Carys has her monsters for sale instore at Manu, Devon St, New Plymouth and Grace is happy to take orders through her mum, Nicci Hooker, available on 06-752 4529.

Story by Milly Carr

Carys (left) and Grace (right).

PHOTO BY NICCI HOOKER



Okato Playcentre

When people ask about joining Playcentre we often hear the same three questions:

Will I have to do courses?

Will I have to mow the lawns?

Is it just a coffee group?

The answers are Yes, Yes and No.

1. Courses — Yes. As part of the induction into Playcentre all parents are required to undertake Course One, which is a 2-hour workshop followed by a booklet of simple assessment tasks. Any further course work is optional, but is always encouraged. All of the training courses are offered for free and any childcare and transport costs are also covered, so it is also very stress free! We find that most parents relish the opportunity to expand their parenting toolkit, and our children certainly reap the benefits.

Ultimately, a level 6 NZQA accredited qualification “The Playcentre Diploma in Early Childhood and Adult Education” can be gained. The objective is to meet the needs of adults working in a Playcentre cooperative. Courses include topics on Playcentre philosophy, child development, learning through play, how to provide for children’s learning and development, parenting skills, communication with children and adults, group skills, group dynamics and facilitating adult learning.

2. Lawns — Yes. Every member is on the lawn-mowing roster. There are several ways to dodge your turn though: pregnancy, having a newborn baby, or breaking a limb — none of which may appeal to you at the moment. Luckily, each member only needs to mow about once a year anyway!

3. Coffee group — No. It is way better than a coffee group. We have cappuccinos, mochaccinos and lattes too. This is generally teamed with a bit of baking and a really good chinwag during the wonderfully peaceful 10 minutes that our children eat their shared morning tea. Also, we are a Ministry of Education Early Childhood Education Provider, so not a coffee group at all!

The secret to our rather expensive coffee habits at Playcentre is our annual entry into the Nescafé/Playcentre Cupcake Decorating Competition. Just by entering we receive boxes and boxes of complimentary flash coffee mixes. The children always love icing and decorating the cupcakes, so it is a win-win competition even though we have never actually won.

Visitors are always welcome at our play sessions, Tuesdays and Thursdays from 9.30am to 12.30pm, for 0–6 years. You’ll find us just over the Stony River Bridge.

Phone Kerry
06-752 8095 with enquiries.

Lucinda loves the painting area.



Okato Plunket

Parents of young children, take five minutes out of your day to learn more about the safety of your child by ensuring your child is restrained correctly in your vehicle.

Okato Plunket is hosting a free demonstration for all parents/caregivers at their Plunket rooms situated at St Pauls Church Hall, Carthew St, Okato on Wednesday, 14 September between 9am and 12noon.

Gabrielle Patten, the Carseat Convenor for New Plymouth Plunket, will be visiting and will be checking and answering any queries you may have about the installation of your car seat, the suitability of your car seat for your particular vehicle, airbags, and locking clips, and offering information surrounding the guidelines and recommendations required for car seat safety.

Parking will be available in the Fire Brigade carpark, adjacent to the Hall.

“Plunket provides a wonderful service to our community, offering support to all mothers, whether it is your first baby or your sixth,” says Rebecca. The group of women get together for meetings, which are held every second Thursday of every second month, as well as organising additional social get-togethers. Their next meeting is 13 October at St Pauls Hall and they welcome any new members. It’s a great way to meet new mothers and their families. Contact Jac prior to this date to confirm.

Rebecca advises me that they are intending to have speakers to discuss a varied base of topics, so if anyone is able to give advice or you have anything of interest that you would like discussed, they are open to suggestions.

Okato has been serviced with a Plunket Nurse from New Plymouth for many years now and their existing nurse, Kristy, is now on maternity leave, so the group are looking forward to meeting the new Plunket nurse soon.

Okato Plunket now have a brand new Medallion breast pump available for hire at a small cost of \$30, which includes a \$10 bond. They also have a portacot for hire for \$20, inclusive of a \$10 bond. Car seats can be hired through New Plymouth Plunket at a small cost.

If you are interested in hiring any of the above or would like to meet new people, feel free to go along to a meeting. “We love to listen, drink lots of coffee and eat cake,” says Rebecca.

Contact Rebecca on 06-752 4501 or Jac on 06-752 4872.

By Milly Carr

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OKATO CLUBS & GROUPS

Active Birth Taranaki

Interested in parenting, pregnancy, or birth? Active Birth Taranaki is honoured to host the 2011 National Homebirth Aotearoa Conference Today's Choices, Tomorrow's Parents to be held at Okurukuru on 28-30 October 2011.

Don't miss this opportunity to discuss with and be inspired by 8 great speakers with the vision to nurture and inform in pregnancy and birth, inspire and educate in parenting, and connect and encourage in the community.

Visit www.todayschoices.org for details or to register, or call Maryanne on 06-824 8160 if you'd like to be involved.

Care and Craft

Get together Thursday fortnight at St Luke's lounge. 10.30am - 2.30pm. Contact Thea Fisher 752 4290.

Coastal Garden Circle

Meet every third Monday of the month. Contact Rae Hooker 752 4086.

GymSports Oakura

Gymnastics for youngsters from 5 to 9 years old at Oakura Hall every Wednesday afternoon during the school term, 4-5pm. For further information phone NP GymSports on 06-758 8277 or 027-341 4200.

Highway 45 Craft

Meet weekly on Monday mornings 10am - 12noon at members' houses. Contact Iris Putt 752 4182.

Historical Society

Meets quarterly in the Community Trust Hall. Contact Iris Putt 752 4182.

JKA Karate, Okato

Monday and Wednesday 6pm - 7.30pm in Coastal Taranaki School Gymnasium. Contact Nicci 752 4529 or 027 259 6223.

Kaitake Community Board

Teresa Goodin, ph 7528186 or teresagoodin@xtra.co.nz

New Plymouth Toastmasters Club

Speechcraft Course. Commencing Thursday 15 September, 5.30pm at the Cricket Pallivion, Pukekura Park. All welcome. For more information please ph Margaret 027 232 1899, Anne 758 6287 or Shirley 752 3698.

Building Confidence, Speaking Skills and Self Esteem.

New Zeal Church

Service 10.30am, Sundays at St Luke's Hall. Contact Angela and Kevin McFetridge 752 4993.

Okato Bowling Club

Club day held every Sunday at 9.30am onwards. President Bruce Peacock 752 4538, Secretary Fiona Liddall 752 4509, Contact women's section Lauren Bright ph 752 4874.

Okato Co-operating Parish Women's Fellowship

Meet bi-monthly, first Wednesday of the month in St Luke's lounge, 1pm. Lorraine Whittle 752 4359. Harvey 752 4568.

Okato Fire Brigade

Weekly. Monday night trainings, 7pm - 9pm. Contact Barry.

Okato Lions

Contact Merv Hooker, ph 752 4086.

Okato Squash Club

Club nights on Mondays from 7pm. Everyone welcome. Phone Cheryl 06-752 4097.

Playcentre

Main Road, Okato (over the Stony Bridge). Tuesday and Thursday, 9.30 - 12.30pm. Contact Rachel 752 4463.

Playgroup

St Lukes Hall, Main Road, Okato. Wednesday morning 10am-12 noon. Contact Danelle 752 4916 or Angie 752 4445.

Plunket

Meetings held every second Thursday of the month. Jaclyn 752 4872.

Pony Club

Contact Carey Brophy, 752 4458.

Probus

Meet every third Friday at the Oakura Golf Club. Contact Margaret Hodges 752 1371.

Squash Club

Ladder league Monday nights 7am start. Ph Chez 752 4097 for more details.

OKATO

Business Directory



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OAKURA Playcentre seeks Pottery
Wheel for the delight and education
of Oakura children (and a few from
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able Omata/Oakura/Okato areas.
Ph Grant Black 027 231 3108 or
evenings 06 215 0252.

St Patrick's Church, Okato

Daily mass 8.30am. Saturday evening mass 7pm.

Inquiries to Steak Goodin 752 8160 or Nora Fox 752 4062.

St Paul's Church

10am services. Congregate first and third Sunday of the month.
Contact Jan Putt 752 4188.

St Peter's Guild

Meet 4th Friday of each month. Angela Montgomery 752 7738.

Tennis Club

Contact Maree Moffitt 752 8107 or Raewyn Lawn 752 4466.

Tumahu Golf Club

Roly Harvey 752 4314. Sunday: Mens golf day, Tuesday: womens
golf day. Every 2nd Wednesday of the month: mixed golf.

Tumahu Rural Women

Meet every second Wednesday of the month, 1pm at alternate
members' houses. Contact Joyce Downes 753 4122.

Warea Tennis Club

Contact Jan Brophy 06 763 8666.

Please contact Milly 752 4425 for any additional listings or amendments.