

the ©akura Messenger

JULY 2007

The 4 Square safely off to a

good start

New owners Tim and Anna Carmichael are getting into the stride of things at the 4 Square.

It is seven weeks since they took over the reins and the pair are relishing the challenges of running a busy village store. And it is good to know our 'local' is in such good hands.

So who are these out of towners, where did they come from and what are they going to do at our 'local'?

They sheepishly acknowledge, as well they might, that they come from Auckland (down here that's like being an Aussie!), but Tim is quick to point out that he is originally from the Hawkes Bay where he grew up on a farm (we'll let him off then!).

Tim left school and went to Massey University and completed a Bachelor of Arts majoring in psychology. While he was at University he worked part time at Foodstuffs (the conglomerate who own the 4 Square, Pak n Save and New World chains). This link with Foodstuffs took Tim to Auckland where he worked in training development for eight years. Training development is a field of expertise where personnel are taught the skills necessary to get the best out of people. Tim has been actively involved in sports coaching which has given him immense satisfaction. Tim says both jobs were about working with people who work extremely hard to be the best they can be.

Anna is a born and bred Aucklander who has a Diploma in Interior Design and has worked for Foodstuffs for the last six years. She completed management development training which is a systems based skills approach where personnel are taught strategies to maximize profits. So it is thanks to Foodstuffs that Tim and Anna are an item and their diverse skills will mean they



Tim and Anna Carmichael, keen new owners of Oakura 4 Square.

can focus on different areas of the grocery trade. They have never worked together before but are loving it so far.

Tim and Anna had a grand plan to run their own store and they had been looking for an opportunity when they heard about the Oakura 4 Square (where's Oakura? they both said) and they literally jumped at the chance to buy the store. Practically within days they were on their way south to take up the reins. And they are loving it here in Oakura. The highlight so far has been how welcoming the community and public in general have been. People have been very friendly and helpful and they are looking forward to enjoying the village as soon as they are settled. They both felt the pressure of taking over a well established and well run store but say the Lims and Waites gave them good advice and tips on how to run the infamous fruit and vege department. Another highlight has been the wonderful support from all the staff who have helped make the transition smooth.

Will we notice any changes at the 4 Square?

Anna and Tim say if they get feedback from customers indicating they want changes then they will certainly consider it but in

general they just want to maintain the strength of business they inherited. Anna is a bit of a self-confessed foodie so we might expect to see some gourmet lines on offer – speciality cheeses, gourmet desserts, fresh coffee beans, vintage wines, exotic fruits and all the usual successful lines of food.

Welcome Tim and Anna, we hope you enjoy living and working in our community.

By Kim Ferens

Glimpse Inside

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FROM THE TOM ZONE

A few weeks ago a friend from Oakura gave me an essay entitled "A Sad Passing". It is an ode to commonsense and its demise in our society. I don't think it is a new essay, but I certainly agree commonsense has been dead and buried for far too long. It's time to resurrect it!

Over the last months we have been bombarded with the 'no smack' rule, with no unhealthy foods in schools, ban the air gun, and recently I received media releases to do with teaching children to safely sneeze and on how to safely wash their hands. Surely all these issues are commonsense? Are there too many people out there with too much time on their hands so they think up 'feel good' laws and guidelines to keep us all 'safe' and not having to think for ourselves? Never before has 'the nanny state' mentality seemed so prevalent.

Maybe you've forgotten commonsense. Here are some tips: Commonsense cultivates valuable lessons like knowing when to come in out of the rain, why the early bird gets the worm, life isn't always fair and maybe it was my fault, live by simple financial policies (don't spend more than you earn) and reliable parenting strategies (adults, not children are in charge).

Commonsense deteriorated when well-intentioned but

overbearing regulations were set in place. I've heard reports of a six-year-old boy charged with sexual assault for kissing a classmate, teens suspended for using a mouthwash after lunch, a teacher fired for reprimanding a student, parental consent required to administer sun lotion or a sticking plaster, but parents not being informed when a student is pregnant or wanted an abortion.

The latest thing is putting folic acid in our bread. As if fluoride in our water wasn't enough! Well, I suggest they put Prozac in our water too and then we will all be docile and incapable of personal thought. And I won't even start on the herd mentality of vaccinations. Really, whatever happened to thinking for yourself and commonsense!

Fortunately we have some interesting stories this month to distract me from my high horse, about people who are always out there in society achieving things and working hard – the Carmichaels, Matthew Dickie, Roger Nightingale, Matt Brash and

Medicated, vaccinated, fluoridated, folated and politically incorrect.

Kim!



TOM is a free, monthly publication, delivered on the second Wednesday of the month to all homes and post-boxes from the city limits to Dover Road.

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Points of view expressed in contributed articles are not necessarily the views of TOM.

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Prudent Trust Administration

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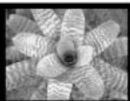
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from MAYOR PETE NEW PLYMOUTH DISTRICT COUNCIL



Hi folks!

I'd like to begin by passing on thanks and congratulations for all the support to those affected by the recent flash flood. We're all very fortunate to live in a caring community!

Meanwhile, our planning for the coming year is all done and dusted with NPDC's Budget 07/08 now approved by the Council. With this budget I think we have struck a good balance between making sure the nuts and bolts of our district – roads, wastewater and water – are operating well, while keeping up the vibrancy that makes this district a great place to live.

In 2007/08 the largest portion of our money (more than \$33 million) will be spent on wastewater projects. The biggest of these is providing reticulated sewerage for the first time to Oakura, as well as sewerage mains from Oakura to New Plymouth so that the waste can be treated at the New Plymouth Wastewater Treatment Plant. We're also providing reticulated sewerage to Urenui and Onaero, and having the waste from these towns as well as Waitara treated at the plant too. All of these developments will increase the volume of wastewater through the treatment plant, so the Council is increasing the plant's capacity to meet the demand.

Our other big-ticket areas for the coming year are rural and urban roads (\$31.5 million), parks (\$20.5 million) and water (nearly \$18 million). We have a lot of district roads to maintain, and while our parks and reserves throughout the district are (justifiably) the envy of other councils, they require a good level of funds to keep them looking great!

However, our focus goes beyond the basic infrastructure of the district. NPDC is also putting time and money into maintaining the great lifestyle we have here.

Budget 07/08 is Year Two of the Community Plan 2006-2016, and it is the result of all the public submissions we received back in 2005/06 as well as the comments that came in from the public this year.

Taking a three-year view of the district's direction is quite challenging, particularly in the years between Community Plan reviews when our levels of service are largely locked-in. But I think Budget 07/08 has sat us in good stead for the coming 12 months. I'm excited about the major developments that are coming out way and I'm looking forward to seeing our community continuing to thrive!

Don't forget, if you have an idea for a business or community development that you think the Council can help you with, give me a call on 759 6060 and I'll see what we can do!

Peter Tennent

Mayor





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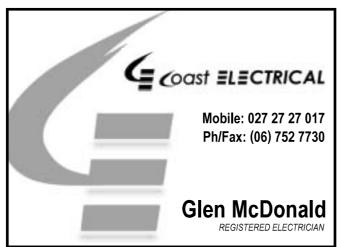
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I am not sure if I should be disappointed or pleased that no member of the public attended our June Community Board meeting. As I would rather be positive, I can only assume everybody is happy and Kaitake Ward is trouble free.

As our last meeting is coming up in August and elections are looming in October, let's look back and ask some questions:

- Do we need a Community Board?
- And if so, what for?
- More importantly, does it justify the approximately \$40,000 per year per board cost to the ratepayers?

Consultation is now rampant. The opportunity is there for everyone to be consulted on everything... You do however need to keep a watch out for these opportunities. The *Midweek* newspaper gives a weekly update on all Council meetings and policies and *TOM* provides Kaitake residents with probably the best forum to "chew the fat'.

In saying all of this, I have enjoyed this past three years on the Board. We have been involved in Council discussions and Mayor Pete meets with Community Board chairs every six weeks to listen to any community issues we feel the need to discuss.

The last meeting of this Board will be on 14 August at the Surf Club. It would be great if people would actually give an incoming Board a mandate for the next three years. Better yet, if you believe in the work the Board does, stand for the next election.

Progress on sewerage

Doug and I have attended a couple of meetings with those anticipating tendering for this huge project. Escalating costs would be my concern, which is no surprise I imagine to anyone. A lot depends on how many residents buy into the scheme – that's a real million dollar question.

Meetings have been held with Hall Terrace residents and the Council to look at flood damage concerns. I understand TRC are working on this.

In the meantime, sincere thanks again to those who cooked and delivered food for distribution to all those working at Hall Terrace in the aftermath of the flood.

It's hoped that some of the big logs will be removed from the Oakura River in the not too distant future. Good to see the beach getting back into shape. It's the shortest day as I write this, so it's good to be heading back to Summer.

Fay L





REPRESENTATIONS OF THE NO.

MP for New Plymouth

Road safety is a major public health issue. Crashes result in more years of life being lost than any other cause in New Zealand and are the leading cause of death for children. While last year's road toll was the lowest for nearly 50 years there were still more than 7,000 people hospitalised as a result of road crashes.

It's easy to point the finger at this or that group in the community who need to be 'educated' - on our roads and elsewhere – but, every day people of all ages and backgrounds are injured or killed on our roads. One group constantly singled out are young drivers. Many have identified a real need for more education and training as part of the Graduated Driver Licensing System (GDLS).

The Government is currently looking at ways to reduce the risks to, and of, novice drivers. I have asked my officials to examine the penalty regime and to ensure it deters 'high-risk' offenders and the small number of young and novice drivers who breach the conditions of the GDLS more effectively. A proposal to make greater use of demerit points, along with other measures, is both appealing and logical. I'm confident these initiatives will assist in developing a stronger focus on safety and personal responsibility among all drivers.

Measures to improve the safety of our children include enforcing speed limits around schools and early childhood centres and increased funding to community based road safety programmes, including RoadSense and the successful nationwide Walking School Buses Programme.

Children spend a third of their day at school. That makes it an ideal place to promote safe, healthy, active lifestyles.

The Government is investing \$67 million over four years to target obesity and encourage healthy, confident young people. The latest initiatives ask schools to review their current practices and to offer certain foods and drinks every day, sometimes or occasionally. This change doesn't ban barbecues, sausage sizzles or selling chocolate for fundraising but rather requires schools to offer healthy options as well. It's not about banning particular food and drinks but, for example, schools could consider selling pies or sausage rolls occasionally and sandwiches and fruit daily. Affordable healthcare is a priority. By 1 July the low or reduced cost General Practice services will cover the 25-44 year-old age group, including \$3 prescription charges.

A strong GP workforce is crucial to the successful implementation of the Primary Health Care Strategy. Training and educating doctors to provide the best health care possible to New Zealanders is vital. Between 1981 and 2004 no increases in medical training places occurred. In 2004 there was an increased intake of 40 students from the regions. They reach their trainee intern year next year.

Last December, Michael Cullen announced a 40 percent increase in funding for New Zealand medical schools. And, now, Pete Hodgson has announced that from February 2008 the number of fully funded places for General Practice training will rise from 69 to 104 a year. These changes mean that the Government will fully fund the current number of training positions – each year up to fifty places are partially funded by the doctors-in-training themselves.

Thanks for reading this.

Harrv





Hon. Harry Duynhoven MP for NEW PLYMOUTH

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EF – experiencing new cultures and making friends to last a lifetime

Love to travel but never seem to get the time or money to do it? Families from all around New Zealand are experiencing the world abroad by welcoming exchange students from overseas into their homes.

The Carson family says, "In New Zealand we are quite isolated, and apart from TV, we don't know a lot about happenings overseas. But with an overseas student in the house, it made us think a lot more about such things than we normally would!"

The Carson's student was part of the EF for Foreign Study exchange program, which brings over high school students from 26 different countries to stay a half or full year in a Kiwi home. The families are matched according to interests, and can choose specific nationalities they are interested in.

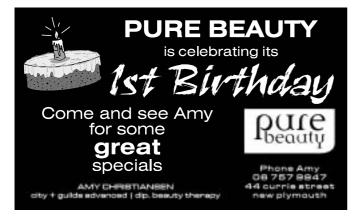
"I was very interested in Germany," writes another host parent from New Plymouth, "and now I have learned loads about Germany, our student's lifestyle, and the difference between East/West."

But hosting is far more than an opportunity to learn about another culture. The relationship between the student and the family becomes the most important. The Van den Endes feel that "we have another wonderful friend and another family in Sweden!'

After spending the year together, however, the hardest thing is saying goodbye: "The two boys I have now will be hard to replace. They are truly the best...no other students could come close. It will be very hard to say goodbye to them. They are like my own sons.'

EF places students all over New Zealand, including New Plymouth. If you are interested in hosting with EF for Foreign Study, phone EF on 0800 44 55 11.





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From the Big Red Truck

Firefighting – one of the few professions left that still makes house calls. (Author Unknown.)

Greetings again from all at the Big Red Truck.

June has thankfully been relatively quiet as we slip into the winter months. Previously we have stressed the importance of having an evacuation plan for your home. What is equally important is testing the family's readiness for a potential fire situation. We recommend you periodically hold a planned house evacuation drill every six months using a deliberately activated smoke alarm. Beforehand take the time to talk through what everyone is expected to do. Then once in a while activate a smoke alarm without warning to test everyone's response. Discuss what happened and how things might be improved. Below are some tips taken from http://www.fire.org.nz/home_kids/index.htm

Fire escape planning

- Plan ahead know how to get children out of bedrooms if the front or back doors are blocked by smoke. However, always endeavour to ensure that doorways are clear and easy to open. Make sure you know in advance what all your escape options are. Know two ways to get out of every room if possible. Keep keys in deadlocks at all times when home.
- Smoke danger smoke kills so shut doors to where the fire is
 if possible to stop the smoke filling the house and blocking
 your escape route.
- Crawl in smoke show the children that by crawling in smoke they can get clearer air.
- Get outside make sure everyone is outside and don't try to go back into the house. Have a special meeting place, eg the letterbox or a special tree. Make special plans for your children and older people.
- Call the Fire Service you may need to call from the house next door.
- Know the address of the house give the street number and name, town, and the nearest side street if you know it.

The Oakura Brigade held their 2007 AGM on 11 June, with a good turnout. Many thanks to our visiting dignitaries who took time out from their families to attend: Pat Fitzel, ARFC Western Region; Bevan Chapman, TPFBA; and Barry Harvey, CFO Okato. It was pleasing to record that the Brigade presently has a full compliment.

Stay warm and safe.

FF Breeze



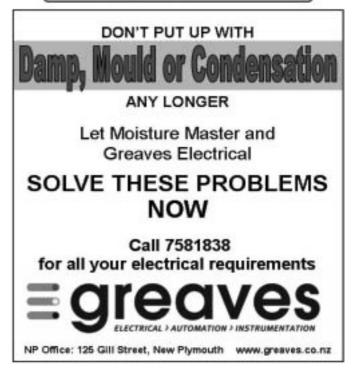


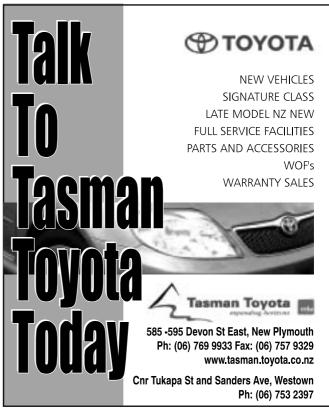
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MUSIC REVIEW by DON JUAN

Long Player

Hollie Smith

(Soundsmith Records/EMI)

At each WOMAD festival, there is at least one surprise act that manages to blow me away. Typically, these are artists that I have no preconceived notion about, usually from some exotic country and/or playing a little known musical form.

Imagine my surprise then, when the major revelation at WOMAD 2007 was local artist Hollie Smith, an artist who I have often heard about, but never actually listened to. Sitting there in the afternoon sun, listening to Hollie and her band working their soulful magic, I could imagine how Jerry Wexler felt when he supervised Aretha Franklin's Atlantic recording debut at Muscle Shoals. What a voice! Surely a voice that big is not coming from that slip of a

girl? Clearly Hollie Smith has also impressed some heavyweight music industry figures, having signed to the legendary Blue Note label for distribution outside of New Zealand. And, even if you minimise the lustre of the Blue Note accolade, on hearing Long Player it is quite obvious that Smith is every bit the equal of any contemporary soul/R & B or gospel singer. Her four-piece core band is tight, the songs are strong, the grooves are solid.

Listen to this with your eyes closed and you just keep thinking, is this lost soul classic (especially when the call-and-response vocals do that stuff)? The outstanding tracks are "Philosophy", "Provider" and "What I Say" and even the funky instrumental "Reprise" sounds like something straight off an early Seventies instalment of *Soul Train*.
Only a rap by Imon Starr on "Own It" departs from the predominant Sixties/
Seventies soul feel and, while this seems slightly jarring, it is a minor blemish given the riches elsewhere.



Keep Reachin' Up

Nicole Willis & The Soul Investigators

(Timmion/Global Routes)

A Finnish soul band sounds like the punchline to an obscure musical joke, but fronted by Detroit-born Nicole Willis, The Soul Investigators are another fine contemporary R & B group. With a history that includes singing with artists as diverse as Leftfield, The The and the late, great Curtis Mayfield, Nicole Willis has a lighter, slightly more strident voice than Hollie Smith, perhaps reflecting the Motown heritage of her birthplace? There is certainly more than a hint of Martha & The Vandellas, Mary Wells or The Elgins on the tracks "Invisible Man", "My Four Leaf Clover" and "If This Ain't Love (Don't Know What Is)."

Interpretations: Celebrating The Music Of Earth, Wind & Fire

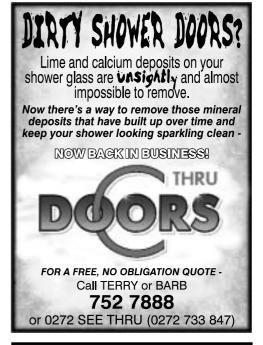
Various Artists

(Stax/Concord/Universal)

Interpretations finds ten contemporary R & B artists including Angle Stone, Musiq Soulchild, The Randy Watson Experience, Lalah Hathaway and funk Experience, Lalah Hathaway and funk veteran Chaka Khan paying tribute to the legacy of Maurice White's Earth, Wind & Fire. Most of the versions are relatively faithful to the EW & F 'cosmic soul' template, but, really, how did they hope to improve on perfection? The selections are solid, if not spectacular, though only Me'Shell Nderfocello has the courage to totally

Ndegéocello has the courage to totally rework "Fantasy" and that goes just a bit too far. Therein lies the danger of the tribute album, stick too close to the original and you are criticised for adding nothing, but go too far and you run the risk of being hammered for taking libertical. taking liberties!

Resuscitating the finger-clicking Stax label for this tribute album was a nice touch though. Best tracks are "Shining Star" (Chaka Khan), "September" (Kirk Franklin), "Devotion" (Ledisi) and Randy Watson & Bilal's "Can't Hide Love")



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Grand Prix are set to blaze through Taranaki Festival of the Arts

Making the journey from Wellington, Grand Prix will be playing three dates at the Taranaki International Festival of the Arts in August. The quartet have already astonished live crowds after their show at the Schooner Tavern, Auckland, in June and are proving to be a band in high demand – a point noted by record label Arch Hill as they're set to release their new album, Terraplane Twilight on July 2nd.

The four-piece band has had their work likened to that of Nick Cave and Calexico. A meshing of lyrics to a sound that has been described as rooted in the country spectrum yet with "...the Mariachi-style trumpet that evoked a Mexicanmelancholy." Acclaimed live performances and a new album in stores, Grand Prix will continue their succession of acclaimed performances

Basing a lot of their material around the concept that race cars are very much a perfect euphemism for life – the speed, the victories, the losses – drawn through writers block that songwriter Andrew McKenzie had, Grand Prix's latest sound contrasts the stripped back, somber mood of their first release, Racing Lines, in 2002. The simple twin guitar work spawned classic tracks in the locality of Wellington, including their staple "Donuts in the Sand"

Andrew McKenzie and Adam Ladley then added Davey Geard on drums and Nathan Hickey on bass, and upon becoming a

four piece, the sound became the refined, 'desert racing strip' sound with the inclusion of a hi-revving rhythm section and tex-mex trumpets, a sound that has become an breath of fresh air in today's musical landscape. Ditching their earlier stage attire of racing overalls and helmets, the group recorded their follow up release, The Way of the Racer live in the studio, capturing every nuance that was there while playing.

Emphasizing a "less is more" attitude and trail-blazing a sound unlike many other artists in the country, Grand Prix will be performing in Taranaki on the 3rd, 4th and 11th of August.

When, Where & Bookings

Ticketek 06 759 0021 or www.ticketek.co.nz Friday 3 August at 9.00pm Sat 4 August at 8.30pm Alexandra Room, TSB Showplace

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How I Got To Be Part of a Kiwi Release

by Jack Wagstaff

It started when Joe and I got a letter from the Taranaki Kiwi Trust to ask if we were interested in going to a kiwi release. If we were we should let them know and they would pick a small group of people out of every one who registered. And then about a week later we got a phone call telling us we were picked and were to go to the end of York Road on Saturday at 1.30 pm. Once we were there we waited until about 2 pm. Then the kiwis arrived in little green boxes which they carried to the centre of the circle which we had formed. They then slowly opened the boxes and grabbed the kiwi by its legs and taped them together to stop it kicking or running away. Once the kiwis were safe to handle they showed them to us and let us have pictures with them. There was one boy kiwi and one girl kiwi. The boy kiwis name was Kotahi Ra and was named that because the comet was in the sky when they caught him. The girls name was Koiterangi and was named because she was the hundredth kiwi found. Both kiwis were around four and a half months old. Then it was time for the kiwis to leave. Everyone waved goodbye as the two kiwis were carried into the bush which will become their new home. After the kiwis left we had a drink and some biscuits before leaving. We also have recently been sent some kiwi feathers. A real danger to the kiwi is mainly stoats and possums so all the money they get is put towards stoat traps and also \$55 will maintain the trap as well.

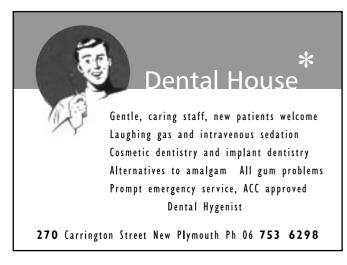
If you would like to send a donation to the Taranaki Kiwi Trust you can email them at www.taranakikiwi,org.nz.















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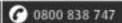
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Seen any whales lately?

The Department of Conservation is asking the Taranaki public to report sightings of Southern Right Whales (Tohora) in coming months.

Southern Right Whales spend a large portion of their winter breeding months (June to September) very close to shore, and in past years have been seen off the Taranaki coastline.

DOC is researching the relationship between the whales seen around the mainland and those that are known from the New Zealand subantarctic, Bryan Williams, DOC Marine Conservation Officer says.

It's possible that the whales around the coast are geographically isolated from those that breed further south. "If they do represent a smaller separate population we need to know about it so we can take special measures to see that the whales are protected."



Right whales off the coast at Oakura.



Southern Right Whales come in close to the coast and are easily seen from the shore. They have been known to come right into the shallow at Onaero and rub their bellies on the shingle.

Last year DNA samples were taken from two whales, one off Bell Block beach and one at Onaero, thanks to tip-offs from the public.

The samples taken from the whales are sent to Auckland University where the DNA is tested. The results are available to Department of Conservation offices throughout New Zealand so whales can be tracked

It's thought that Southern Right Whales return to the same area every three years – so whales sighted off Patea in 2005 are expected to return next year. In the past the area from Cape Egmont through to Kapiti Island was known as Motherly Bay because it was a popular area for Southern Right Whales and their calves.

"I believe that the whales that are going back to that area now are still carrying the genes from the whaling days and still have the instinct to come back along that coast," says Bryan.

Right whales were so called because they were the "right" whales to kill – large, slow moving beasts that obligingly floated when dead and yielded large amounts of valuable oil, bone and baleen.

Once thought to have numbered in their many thousands in New Zealand waters, Southern Rights had all but disappeared by 1860 because of whaling pressure. New Zealand ceased commercial whaling in 1964. Southern Right Whales numbers are now estimated at around 7,000 to 8,000.

Adult Southern Right Whales are on average 14.5 metres long, mostly black in colour and can be identified by their lack of a dorsal fin, a v-shaped blowhole spray and white growths on their heads.

Anyone sighting a whale should report it to DOC as soon as possible on 0800 DOCHOT (0800 36 24 68). DOC needs to know the date, time and location of the sighting, the number of whales, if there are any calves and the direction of travel. Photographs of the whale's head and body length are also helpful. Whales should be approached cautiously, quietly and no closer than 50 metres, preferably from behind or parallel to them. Boaties are requested not to cut through a group of whales and not to obstruct their path. Aircraft should keep a 150-metre distance from whales and not fly directly over them.

News Flash

From the Department of Conservation

2 July 2007

Southern Right Spotted off Centre City

It's official - the Southern Rights are back! A Southern Right Whale has been sighted off the coast of New Plymouth this morning.

The whale was spotted off Oakura by members of the public and is now approximately 150m off the coast of central New Plymouth.

Unfortunately sea conditions are too rough for Department of Conservation staff to take DNA samples from the whale, says DOC's Bryan Williams.

DOC staff will continue to monitor the whale's progress along the coast, and if weather conditions improve, will take DNA samples from it.

Just a reminder to the public: anyone sighting a whale should report if to DOC as soon as possible (0800 36 24 68). Whales should be approached cautiously, guietly and no closer than 50m, preferably from behind or parallel to them. Boaties are requested to not cut through a group of whales or obstruct their path.

For more information contact:

Bryan Willams DOC Programme Manager Biodiversity ph 06 759 0350.



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Call: Sarsha Hood 752 7977

Patuha Lodge – coming of age



Patuha Lodge celebrates its twentieth year this year. Sally Vear (nee Henderson) and husband Harry took over the Lodge a year ago to see it reach this milestone.

Sally's parents Janet and Maurice Henderson took the courageous step to diversify into the hospitality industry and began building in 1985. The Lodge was opened in 1987 by Janet and Maurice along with their son Peter. Peter and his partner Susan were involved in management until Sally and Harry's arrival.

Patuha Lodge is revealed at the end of a 2 km driveway over farmland and is nestled in native rainforest bordering Pukeiti Rhododendron Gardens.

The Lodge is an ideal venue to host celebrations, special occasions, weddings, business functions, meetings/conferences, or just a weekend away from the hustle and bustle – it is "just far enough away"!

Guests can stay in one of ten comfortable bedrooms with en suite, and enjoy the home comforts in and around the tranquil setting of the Lodge. With an emphasis on Kiwi cuisine and a fully licensed bar, the Lodge is an ideal venue in which to enjoy the world famous Patuha Lamb.

For a relaxing getaway come to Patuha Lodge, a gem in some of New Zealand's finest bush.

Your hosts, Sally and Harry have had the pleasure of meeting some of the community and look forward to ensuring a warm comfortable stay at the Lodge to those who venture this way.

Harry and Sally Vear

Patuha Lodge

575 Upper Pitone Rd, R D 4, New Plymouth 4374 Phone 06 7524469

Fax 06 7524470

info@patuhalodge.co.nz

www.patuhalodge.co.nz

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Jones & Sandford

MITRE 10 Gardening

Gardening with Rosemary Herb JULY CHECKLIST

Vegetables:

- Plant broad beans, asparagus crowns, onions, garlic, shallots, cabbage and spinach.
- Add compost and lime to vacant soil in readiness for spring planting

Flowers:

- Sow seeds of alyssum, delphinium, larkspur, dianthus, sweet pea and cornflower.
- * Lift and divide dahlias, cannas and phlox.
- Prune roses. Spray with Champion Copper for control of fungus diseases and Conqueror Oil for control of scale insects and mites.

Fruit trees:

- Plant fruit trees.
- Prune established fruit trees on a dry day to avoid spread of diseases. Paint wounds with Bascal pruning paint to prevent disease entering the tree.

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SEE PAGE 2 FOR CONTACT DETAILS

The Terrace Takeaway Opens on Jans Terrace

The Oakura beach shop once again has new operators – Matt Brash and Jan Roebuck. The pair has a very exciting line up of gourmet take out meals at very affordable prices. The experienced chefs are not serving up your usual range of precooked takeaways but are passionate about quality hand made nutritious food. You can expect to see on the menu a selection of gourmet burgers stuffed full with either Cajun fish, hand ground chicken, Thai chicken, Mango chicken, beef and vegetarian. There will be gourmet pizzas with hand made bases and toppings such as fresh mozzarella, spicy lamb, salmon and salami. The takeaway will also have gourmet pies, sandwiches, cakes and Ozone's organic fair trade coffee. Another option from The Terrace will be the dish of the day for \$12 which could be lamb shanks or chicken in chardonnay. Ring 7521190 for the dish of the day.

A very exciting development at The Terrace is the addition of the Petit Paris bread range. The Terrace will take orders during the week for specialty breads from this authentic baker and also have limited stocks for sale over the weekend. The organic breads include croissants – plain and chocolate, ciabatta, baguettes, brioche – sweet and chocolate and country style breads.

The beach shop has had a complete makeover and is looking bright, clean and cheery so along with Matt and Jan's enthusiasm and 26 years of culinary experience (Jan used to part own the Hot Stuff Catering Co and Matt works for Taranaki F.E.A.T.S training young people to be chefs. He is a pastry chef).

The Terrace Takeaway promises to fill a big hole in the take out menu on offer in Oakura.

Hours will be 10am to 8pm and The Terrace Takeaway has big plans for the summer and in the mean time to beat the winter blues try The Terrace Takeaway phone 7521190.



New
Operators,
Jan
Roebuck
and Matt
Brash are
stirring up
a storm for
Oakura.





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9M SPORTS



Greetings all

It's all quiet on the home front. A month into the new season and from all reports people are having a well earned rest, preferring the couch or getting the neglected jobs done instead of going fishing.

The main thing to report this month

is that we recently held our AGM and prize-giving. The winners are listed below with some really meritable fish for the year, so congratulations to all the winners.

Surfcaster Terry Parker got the first fish of the new season – a kahawai of 1.7kg. Good on him for braving the elements. Even the keen Shane Dunlop was heard to comment that "It's a bit too cold." Funny that. Kayaker Pete Florence went out on Saturday 16 June and said it was "bloody freezing" too.

Surfcasting section winners Sutherlands Sportsworld Cup – Heaviest Snapper, Shane Dunlop, 8.615kg Butlers Bar & Café Trophy - Heaviest Trevally, Shane Dunlop, 2.950kg

Creative Storage Systems - Heaviest Gurnard, Chris Whitaker, 0.940kg

Graeme Edgecombe Memorial - Heaviest Kahawai, Chris Whitaker 2.720kg Heydon Priest Trophy – Heaviest Club Day

Kevin Davis, 16.000kg (tope shark) Jim Sutherland Trophy - Heaviest Fish (Junior) Darren Spademan, 1.900kg Wunderbar Shield – Heaviest Fish (New

Member), David Hunter, 3.130kg Fresha Fisheries Trophy – 3 Heaviest Snapper, Shane Dunlop, 21.480kg (8.615kg + 7.465kg + 5.400kg)

McDonalds Real Estate Cup - Heaviest Club Day Snapper, Shane Dunlop, 7.465kg *The Paperman Trophy* – Heaviest Shark, Snapper & Trevally, Shane Dunlop, 13.465kg (8.616kg Snapper + 1.900kg Shark + 2.950kg Trevally)

Hurring Family - Heaviest Flounder, Michelle

Hurring, 0.285kg Vospers Funeral Services - Most Overall Points (Mens), Shane Dunlop, 3870 pts Energy City Cabs - Most Overall Points (Ladies), Debbie E, 265 pts Oakura Fish Shop - Most Overall Points (Junior), Damian Burnard, 333 pts Oakura 4 Square – First To Get The Most Species, Chris Whitaker, 12 species (Branded Wrasse, Bronze Whaler, Butterfish, Conger Eel, Yellow Eyed Mullet, Kahawai, Spotty Shark, Gurnard, Snapper, Sting Ray, Trevally, Eagle Ray)

Club champions

Madgwick Graphics - Most Club Day Points (Men), Shane Dunlop, 1272 pts
Oakura Beach Camp – Most Club Day Points (Ladies), N/A, N/A Beckmans - Most Club Day Points (Junior), Michelle Hurring, 11 pts

New surfcasting records

Tope Shark, Kevin Davis, 16.000kg Flounder, Michell Hurring (J), 0.285kg Mako Shark, Chris Whitaker, 3.380kg Spotty Shark, Debbie E (L), 2.485kg Butter Fish, Chris Whitaker, 0.700kg Snapper, Shane Dunlop, 8.685kg

Kayak section trophy winners

Nakiman Trophy - Heaviest Kingfish, Tony Hurring, 6.330kg Hunting & Fishing - Heaviest Snapper Andrew Wright, 12.880kg Bruce Madgwick - Heaviest John Dory, Tony Hurring, 2.285kg

Tasman Tovota - Heaviest Trevally, Roger Witts, 2.905kg Snickerdoodles Coffee & Bakeshop -Heaviest Red Gurnard, Peter Florence,1.100kg Garry McCracken - Heaviest Spotty Shark, Garry McCracken, 3.080kg Oakura Panel Beaters - Heaviest Kahawai. Tony Hurring, 3.095kg Canoe & Kayak – Most Overall Points,

Club champions

Peter Florence, 9401 pts

Auto Sound & Electronics - Most Club Day Points, Peter Florence, 1374 pts Most Overall Points (Juniors), Johnathan Brunning, 226 pts

New kayak fishing records

Kingfish, Tony Hurring, 6.330kg Snapper, Andrew Wright, 12.880kg John Dory, Tony Hurring, 2.285kg Trevally, Roger Witts, 2.905kg Kahawai, Tony Hurring, 3.095kg Lemon Shark, Gary McCracken, 3.080kg Blue Cod, Garry Harrison, 1.555kg

I have just this minute got the latest edition of NZ Kayak magazine. We've got three pages in there and also half a page from Herb Spanagal in the NZ Fishing News. The pics and the write ups put our Club "up there" so thanks again to those who contributed. If you want to have a look at some more great pics go to our website at www.kayakfishingclassic.co.nz Below are all the winners and new record holders from the 2006/07 season. Again congratulations to all recipients. Our Club had an awesome year and to my mind we have really "lifted the game" and we have a dedicated committee to keep us up there, so watch this space.

Tight lines Debbie E

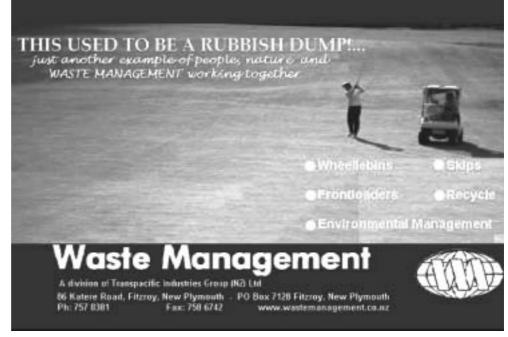
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Profile of a show-jumper – Mathew Dickey

Sixteen-year-old Mathew Dickey has this season achieved the top show-jumping prize of Pony Grand Prix Series winner.

The Pony Grand Prix is a competition where points are accumulated over the season in three classes of events with different point's ratings. A three-star Grand Prix win attracts thirty points and is much higher and more technically difficult than a one star Grand Prix which only attracts ten



points for a win. Points from 12 events count only. Competitors from all over New Zealand enter and Mathew is the first Taranaki competitor to win the award. He was presented with the Catriona McLeod Bally Hoo Trophy, a silver cup and a horse cover at Show Jumping New Zealand's awards dinner held in Wellington recently.

Other outstanding achievements in Mathews show-jumping career have been winning the National Show-jumping Championship held in Christchurch back in February and winning Show Hunter of the year last season

Mathew also gained a third placing with the Taranaki Saba Sam Team event this year at the Horse of the Year Show following on from a first placing last year, and being selected for the New Zealand Show-jumping Development Squad for three years.

Before the season starts again in September Mathew is going to Germany for the International Youth Festival of German Friendship at the Bexter Hof in Herford. About 100 young riders are invited to take part in the week-long event hosted by riding families. A German rider will pair up with Mathew and they will train together under the supervision of top international riders before competing as a two-person team for a trophy in the German Friendships five-day event.

It will be an exciting trip for Mathew, living and training with a German family with only a limited grasp of the German language. Then it will be home and back to Spotswood College to continue his Year 12 studies. Mathew says his college has been really supportive and has got behind him and helped with his studies.

Mathew says he likes the thrill of jumping high and he really loves his horses. Considering he has been riding since he was five years old, you'd have to believe him!

Training involves at least two hours work a day so it is a huge commitment.

Mum Jen says Mathew is a very courageous rider who has "kind hands". She says the horses love having Mathew riding them and it is easy to see that both horse and rider are enjoying themselves. Mathew has made lots of friends all over New Zealand and no doubt will make some new German ones too.

It is hard to imagine Mathew would have time for anything else but he also plays basketball for the Spotswood College Senior Ateam. He recently pulled out of rugby to prevent an unwanted injury. Other pursuits include golf, snow skiing and body boarding at Oakura Beach

Following his final year at school, Mathew plans to go to University to study engineering, and who knows where show-jumping might take him in the future.

Mathew acknowledges his sponsors – primarily his mum and dad but also the TSB Community Trust and the Laurie Denton Memorial Trust.

By Kim Ferens



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Mathew on Wilful at the Nationals.

(9) SPORTS

Oakura's Adventure Racers

Feona Burkitt:

Friday 30th May 2007 - After dropping the children off at school Sue Oldfield, Melanie Breeze, Belinda Tran Lawrence, Jo Deamer and support crew (myself, Tran, Jala and Molly) headed for Napier.Reason? Snow Wilkins Adventure Race 2007.This is a race consisting of, running, mountain biking, caving, abseiling, kayaking and orienteering. All this and a map with check points that need to be completed to finish the race. Each check point not completed gains your team time points. You also need to stay together as a team, meaning no further than 100 metres apart at any time. What a challange! Look out Napier here we come!!!!!

The race for the mixed and open fours started at 8.30am and was up in the hills behind Napier which took at least 45mins to get to by four-wheel-drive. I didn't get much sleep, I thought I might miss the alarm or sleep through it . . . imagine it!!!! However all was good. I was up and getting food boxes together while the team got ready.

Mel Breeze:

I was a nervous wreck on the lead up to the race. The race began with a stint of navigation and collecting of check points. This was the part I found most challenging. Once we were through Transition 1 and onto our mountain bikes, the fun started for me!

We diverted off the road, cross country, through farm gates, creeks, over fences with our bikes in tow.

We arrived at the abseiling rock from the opposite direction to every other team.

We then left Transition 2 on an awesome high, knowing we had gained a huge amount of time due to some awesome navigating from Sue and Belinda. Thanks guys.

We completed the abseiling and then went on to beat some bush to collect the check points around the lake. Back to Transition 2, now called Transition 3, and then onto our bikes.

12km, almost all down hill on unsealed and sealed roads. Absolutely awesome fun. We reached speeds up to 65kph, not too bad for amateurs, arriving at Transition 4 (Lake Tutira).

We jumped into double kayaks to paddle our way on the lake and collect two check points. By now, we had a team of four very strong looking men that seemed to be sticking with us. They were a great source of entertainment and motivation in the race.

Down with kayaks and back onto our bikes, we made our way to Transition 5. Here we were told to pull a Land Rover! Piece of cake with 4 girls. Roll on the orienteering.

Once again, we had awesome navigation thanks to Sue. We went to the highest check point first and worked our way back down the hills to Lake Tutira and the finish line.

What a truly awesome day. I am already looking forward to next year's race."

Sue Oldfield:

"I loved doing the Snow Wilkins Adventure Race. Not only was it physically challengng but mentally as well. We were in a team of four, so we had to have a great team and good team work. We were very lucky also to have a fantastic

support crew who were so organised and willing to help. 6:49 hours later and guess what? The team came 2nd in the

6:49 hours later and guess what? The team came 2nd in the womens' four-person team event.

If anyone feels like a challenge, then check out adventure races on the internet.

Profile of a Duathlete - Roger Nightingale

In May Roger Nightingale competed in the ITU World Duathlon Champs in Gyor Hungary. The duathlon is a 10 km run followed by a 40 km cycle and a then a 5 km run. TOM caught up with Roger to see how he got on and what he thought of his first ever duathlon.

Why did you enter?

I entered because I was in the top three in New Zealand in my age group and the New Zealand Triathlon Association selected me.

Where did you come?

I was 24th in my age group (40-44years)

What training did you do?

Three years of 20-25 hours per week.

What is involved in getting to the event?

A big financial commitment - cost around \$30,000! In terms of competing, I was racing in New Zealand at ITU events to get my ranking through points.

Did you enjoy it and was it a worthwhile experience?

Yes I did but it was extremely hard work but very worthwhile.

What did you get out of it?

Self satisfaction and a world ranking

Did you hate anything?

I found the extreme exhaustion hard to cope with. I spent 40 minutes in the medical tent after the race.

Are you doing any more events?

I'm hoping to do the world long course duathlon in America if I can find some sponsorship.

Any other interesting details?

Duathlon is a very selfish, self focused sport where you have to be highly motivated and disciplined to compete at this level. You need a very good mentor which for me is my coach Graham Parks. I also look up to Shane Reed and Clark Ellis and thank those people for my achievement.



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GETTING WET!



Oakura Boardriders Update

Winter has brought with it lots of good surf, I am told – pity some of us have to work far too much!

The July school holidays will see some of the NZ Groms competing in Australia with the Occy Grom Comp' on at Duranbah on the Gold Coast the first weekend and the Rusty Gromfest at Lennox Head in the middle weekend, followed by a dash home for the Taranaki leg of the national Ripcurl Gromsearch. Local Tyler Anderson is one of these.

A few of our members are sneaking away to warmer climes, with Indonesia always popular, so hopefully we will have some news for the next issue of *TOM*. I heard a whisper that a couple of members while holidaying in Europe surfed in very nice Munduka for a few days.

Congrats to Paige Hareb, who placed 4th in the girls' division of the World Junior Champs in Portugal as part of the NZ team, which performed well overall. Going on from that she has an invite as a wild card in the women's team to contest an "X-Games" event in Mexico before heading to Indonesia to contest a Pro Junior event there. We wish Paige all the best and will be following her results with interest.

Upcoming OBC dates to note are the Mid-winter Dinner on 28 July, which is always a good time, and the annual Taranaki Snow & Surf contest held over three weekends from Saturday 21 July, 28 July or 4 August. This is great fun so get your entries at Vertigo.

For anyone interested in joining the Oakura Boardriders Club, contact Paul Lobb on 752 7556, Mike Christiansen on 752 1272 or Paul Christophers on 752 7126.

Until next month, keep surfing – did you know it's actually good for you? – and hope for some ski-able snow soon.



Paige Hareb receiving her trophy after the World Junior Champs in Portugal.



The famous Mundaka church Spain.





Kaitake Kindergarten

"Play is the key to children's learning."

Play helps our children develop social skills, to understand feelings, develop imagination, learn to self–govern and to grow in confidence, and lots has been happening at the Kindy to support this.

The older children recently enjoyed a stimulating and rewarding trip to the Coastal School. They took part in a gym session, learning different games and using equipment that was new to many of them. They also participated in an art class with older children and spent a short time in the new entrants' class before listening to a story and returning to Oakura. This trip was not only great fun for the children but helped to build their confidence and self—esteem.



On 12 June a little bit of the circus came to town when "Mica" the clown paid us a visit. Laughter and squeals of delight filled the Kindy as the children, teachers and parents watched Mica perform magic tricks, juggling and create animals out of balloons. The finale to his act was to introduce "Mischief" the miniature poodle, who stole the hearts of many as she performed her act. It was wonderful to see even the quietest of children respond to this colourful and jolly character and his friendly, gentle dog.

All this fun does have a serious side. These visits encourage strong social skills, boost the children's imagination and it is hoped that the children take the benefits of play through to their adult life – just like Mica the clown.

Gill



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Omata School is Ready Set Go!

We have been extremely active this term with our P.E. rich topic. Students have created their own games and worked cooperatively to create, play and teach others games such as 'Schnaddle Ball'. The students create game cards that are now in our P.E. shed with concise instructions for other children to use. The overall aim of the rich topic has been to promote physical activity as a lifestyle choice. It has been noticeable that our children have been more active at break times and enjoy using our new equipment and playing both new and traditional games. A feature has been talks by local sports personalities such as Matt Cameron – New Zealand BMX team, Jason Eaton - All Black, Jarod Martin - Black Sox, Roger Nightingale – Duathlon Athlete, Russell Laird – New Zealand Representative Skateboarder, Simon Guillum - Athletics and Mountain Airs players. The year 7 and 8 students have produced a weekly sports news programme and a documentary on our 'Active Bus Tour' around the region. Everyone enjoyed this bus trip which involved visiting Yarrows Stadium, TSB Stadium, TET Athletic Park, Inglewood and getting active with Taranaki sports people.

An amazing amount of learning has taken place. Karen Brisco, Principal



Sam Pole-Smith eggs on the hoop.



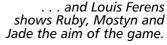
Left and above: NZ BMX Team member. Matt Cameron demonstrates some impressive moves.



Chris Logan and Mostyn Lee try their hand at "Schnaddle Ball" . . .



McKenzie McEldowney slalems in style.





0800 TUTORING or (06) 757-8916



Oakura Playcentre – who are we?

We are parents and children who enjoy getting together to play and learn.

We are your common household variety of busy parents and busy children. Some of us are full time stay-at-home Mums and Dads and some of us work part-time. We are doctors, chemists, vets, outdoor adventurers, administrators and volunteer firefighters, to name but a few of our occupations. Our kids are busy little people too. As well as Playcentre, many also attend Mini-Groovers, dancing, swimming, Mini-Athletics and other providers of preschool education.

Many nationalities are also represented in our little Playcentre – German, English, Tahitian, Vietnamese, West Indies, Australian, Maori and of course those who simply identify themselves as Kiwis.

We come from many different backgrounds but we share a belief that parents are a child's first and most important teachers.

As a co-operative, Oakura Playcentre is only as strong as our members. We all volunteer our time and enthusiasm to run the centre (no one gets paid, except the cleaner and the lawn mower!) Did you know that volunteering has health benefits? (Now there's a tidbit for you!) We have a fabulous team at Oakura Playcentre and we are striving to do our best. The human element means we don't always get it right, but we are always learning and welcome anyone who is interested in forming positive links with us, in what I believe, is a place that is important to our community.



Bella and James enjoying mixing portions.

Oakura Playcentre was established in the late 1960s and we are part of a nation-wide organisation that is unique to New Zealand (another little tidbit!).

Informal feedback we have had from the community is prompting us to look at ways to better meet the needs of the 0-18 month age group. Unfortunately, currently, there is no Plunket coffee group and I believe that every community needs a place for parents of young babies to meet, especially first-time parents. A couple of our Playcentre members are attending an introductory workshop, 'S.P.A.C.E. Supporting Parents Alongside Children's Education'. We are hoping that this will provide us with a way for new parents to meet and play at sessions with age-appropriate equipment that supports infants' learning and development. So watch this SPACE! (Excuse the pun!) It won't happen overnight but it will happen! (Oh, dear there I go again! Might be time to sign off?)

If you are interested in becoming involved in such a project, give me a call. And if you are interested in meeting people in your community, making friends and learning about children, our session times are: Monday and Wednesday, 9am - 12pm. For more information, phone Melissa Newton on 752 1056.

UNDERSTANDING AUTISM

Autism and the 'social scene'

Social interactions and ASD (autistic spectrum disorders) is a huge and very complex topic! Ellen Notbohm, in her book has some suggestions that I feel are useful. Ellen is parent to a child on the autistic spectrum and I've been highlighting issues from her book, *Ten things every child with autism wishes you knew*, written from the perspective of the individual with ASD, in recent issues of *TOM*.

Ellen begins this chapter by saying "It may look like I don't want to play with the other kids on the playground, but sometimes it's just that I simply do not know how to start a conversation or enter a play situation. If you can encourage other children to invite me to join them at kickball or shooting baskets, I might be delighted to be included." This is so true of many of our kids. It's not that they don't want to play, even when it seems to you that they are ignoring you, it may be that they don't know where to begin.

Ellen goes on to say that individuals with ASD often do best with structured play activities that are clear in their beginning and end. Reading facial expressions, emotions and body language is very difficult so ongoing coaching in social situations is crucial if those skills are going to be learned. An example is when a child falls and hurts themselves. An individual with autism may laugh. It's not that they think it is funny, but rather that they don't know the proper response. It helps if you teach them to ask "Are you alright?"

Reading body language, tone of voice, emotions of others and facial expressions are all things we take for granted as they are inbuilt and we learn them intuitively. People on the autistic spectrum actively need to be taught these skills for them to try and make sense of social situations. Body language and facial expressions are like a foreign language to many with ASD, but with help and patience from their peers, they can learn these skills.

Next month I'll continue with the 'social scene' as there is still lots to say!

Thanks for your time,

Karen

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Tuesdays at Oakura Hall 5.30-6.30pm. Thursdays at Oakura Hall 6.00-7.00pm. Contact Jim Hoskin 752 7337.

Yoga:

Oakura Yoga - Tuesdays 7-9pm, beginning 19 June, Oakura Hall. Phone Sarsha 752 7977.

Tove Jensen-Munroe. Ph 752 1350, or email tovissma@mac.com for weekly morning class schedules & bookings.

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Zen Bhuddist based - all welcome. Ph Tove Jensen-Monroe 752 1350. Email tovissm@mac.com for details. Monthly, evenings.

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St James Church Hall. Contact Pat Smith on 752 7515.

Senior Citizens:

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