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OAKURA

TOM Oakura is a free monthly publication, delivered at the beginning of each month to all homes from New Plymouth city limits to Okato.

Do you have a story of local interest that you'd like to share with the readers of TOM? Phone **0800 THE TOM** or visit **thetom.co.nz**

Co-ordinator/Features/Advertising/Lay up

Kim Ferens kim@thetom.co.nz 0800 843 866 027 4126117 Points of view expressed in contributed articles are not necessarily the views of The TOM

Dates to remember for August 2017 issue. Copy & Ads - 22nd September. Distribution from 6th October.

Oakura Community What's On

5 Elements Fitness: 5 Elements Fitness: Bootcamps and Kickboxing fitness classes: Weekdays 5-6 pm, Tataraimaka Hall. For more details contact Barney 027 7527 076, barney@5efitness. com or visit www.5efitness.com

Fitness Training/Touch:Thursday nights on back field at Oakura School 5.30 pm to 6.45ish. For all age groups - gold coin donation.Contact Lara Churchill - 0275922320

Functional Crosstraining by Nakifit: Saturdays 7.40am. Ph 021 297 5465 or nakifit@gmail.com

Indoor Bowls: Mondays 7.30pm at Oakura Hall. Contact Marvin Clough ph 7527531.

JKA Karate: Tuesdays at Oakura Hall 5.30-6.30pm. Thursdays at Oakura Hall 6.00-7.00pm. Contact Jim Hoskin 752 7337.

Kaitake Athletics club: Meets at Corbett park at 5pm on a Tuesday evenings during term time To register - athletics nz website and search for Kaitake. Contact -Tash 0277755440.

Move It or Lose It - fitness classes: Oakura Hall, Wednesdays & Fridays, 9.30am, Contact Gloria 752 7442.

Oakura Bowling and Social Club: Bowling tournaments begin September through to April with both mid-week and weekend games. For information contact Steve Muller on 06 757 4399.

Oakura Meditation Group: - Mondays 7.40am 37a Donnelly St, ph 0272037215, email kate@shineyoga.co.nz

Oakura Playcentre: 14 Donnelly St, Oakura. Sessions run Mondays, Wednesdays and Fridays 9am-noon during school terms. Visitors welcome. Ph Kate Garner on 021-254 4769.
2 OAKURA **Oakura Pony Club:** Contact Marlies Butland Delfos ph 0274595962.

Oakura Pool Club: Meets every Wednesday evening 7pm at Butlers Reef over winter. Phone Sheree 027 3444 723.

Oakura Yoga: - Shine Yoga Studio, 37a Donnelly St, www.shineyoga.co.nz for days and times, ph 0272037215.

Okato and District Historical Society: Houses a large collection of local family histories and photos in the Okato Community Trust Hall, Cumming Street, Okato. Open to public every Wednesday 10 am to mid day or by appointment. Phone Anne Bolton 7524499 or Meg Cardiff 7524566.

Okato Squash: Club nights on Mondays from 7pm, everyone welcome, phone Darryl Gibson, Ph 06 752 4804.

Omata Playgroup: Meets every Thursday, 9.00am at the Omata Community Hall. Ring 751 2308 for next session date. All parents and pre-schoolers welcome.

Omata Yoga: Wednesday evenings 5.15 - 6.45pm and 6.45 - 8.15pm. Omata Community Hall \$15 per class casual rate, \$80 for 6 class sessions. Contact Annalisa Facer 027 444 8345

Oakura Tennis Club: Thursday 9.15-10.15am Cardio Tennis with Blitz Tennis at Linda Street courts, members and non-members welcome. Contact Club Secretary Jackie Mitchell 027 673 2900.

Probus Club: Meets once month at Kaitake Golf Club rooms on the 3rd Friday of every month at 10am - 11.30am. Contact Mike Vickers ph 7527881 or Gwen Jury ph 7527783.

St James Church, Oakura: Morning worship 10.00am, 2nd and 4th Sundays of the month.

St John's Church Omata: Morning worship 10.00am second Sunday of the month.

Val Deakin Dance School: Oakura Hall. Beginners' Ballet dance class Mondays 3.30pm- 4.15pm. Also classes for pre-schoolers to adults in ballet, jazz, tap, modern and ballroom (beginners to advanced) at the Dance Centre in New Plymouth with pre school ballet Weds 3pm. Phone 7527743 or email val@valdeakindance.org.nz

Volkswagen Club: Regular events range from car rallies, the YMCA climbing wall, camping, BBQ get togethers and sharing good family times and knowledge. Contact President: kirk@taranakivw.co.nz and Secretary: bryan@taranakivw.co.nz

CLASSIFIEDS

House To Rent: fully furnished, 3bdrms, private, beautiful views, Sky tv, wifi, close to Oakura , 10mins to NP CBD. Available from mid Jan 2018 till end of March. Ph Deb 027 2489614 or 752 7222.

WORK WANTED: qualified ECE teacher with 10+ years experience. I am currently looking for childcare/nanny work within the Oakura area. I have a current first aid certificate and clean, full drivers licence. Please ring me to discuss your needs -027 8796 779. Renee Coleman

From the Editor



It looks like the usual pantomime of politics is unfolding around this years election with the demise of half the Green party, Winny's whinnings, lolly scrambles and the Jacinda effect. Politicians wonder why young people are not engaged in the political process - if they wanted to watch a soap opera they'd watch Shortland Street!

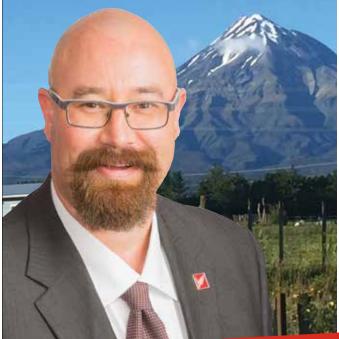
I get a bit annoyed with politicans bleating on about engaging young people - if these people can't be bothered with politics then tough, concentrate on engaging those of us who are interested. Engage me by be rational and credible, by making reasonable and achievable promises and stop the 'he said, she said' nonsense.

I guess at the end of the day most of us have the majority of our basic needs and wants met. Politics is less important and certainly Labour and National are not so very far apart in ideals so its easy to be blahzay but I reckon everyone counts or no one counts. For this reason I will be voting in Saigon - a unique experience for me to be voting in a foreign country. I will return home from holiday to a possible new government but the same old same old I'm sure but at least I

would have had my say!

Kim

Corie Haddock





f peeking panda

1151 South Road Oakura

P. 06-752 7823

Asian Fusion Restaurant



Corie Haddock welcomes the opportunity to stand up for Labour's vision of the Kiwi dream.

"I am proud to offer a strong voice for the communities and people of New Plymouth. I believe that each and every New Zealander has the right to fully participate in society and live how they choose as long as they cause no harm."

With a grandfather who was a staunch union organiser and grassroots Labour supporter, Corie learned about Labour and Labour values early. Corie is totally committed to those values of hard work and a fair go for all and believes that people should have the opportunity to be the best they can be.

"I live in Egmont Village with my wife, Kerry and daughter and a small collection of animals. I manage a Rest Home and Hospital in New Plymouth. I started my schooling at Westown Primary, then Devon Intermediate and Boys High. After school, I trained as a fabricator/welder and went on to manage shifts at an engineering firm. With the support of Labour's adult education policies, I returned to study and in 2007 graduated with a Health Science degree from Auckland University of Technology." For the past 17 years Corie has worked tirelessly to improve the lives of many of New Zealand's most vulnerable – the homeless, people living with mental health and addiction issues and the elderly.

Corie is enjoying connecting with the community, getting out and about in the electorate speaking to groups, door-knocking and visiting workplaces. "I'm keen to discuss the issues that are affecting you. Please make contact via facebook www.facebook.com/ coriehaddockfornewplymouth Or just give me a call on: 021 582 655.

I'm backing the Kiwi dream - it's time to change the Government."

Authorised by Andrew Kirton, 160 Willis St, Wellington





Your community needs you!



Oakura Volunteer Fire and Emergency Service needs new recruits to help bolster its ranks and you may be just the person they are after.

Put aside all your preconceptions about what a firefighter should be (calendar pin up with a six pack) and consider this:

- . you like helping people
- . you and your family would like to meet new people
- . you would like to learn new skills
- . you enjoy the camaraderie of working in a group
- . you like a challenge
- . you have a basic level of fitness and you are healthy
- . preferably you work in or around the village
- . you have three or four hours a week you can give to your community.

If anyone one of these bullet points sounds of interest to you then it's possible joining the Oakura Volunteer Fire and Emergency Service could be for you.

Obviously the role involves helping out in firefighting, medical and motor vehicle incidents, natural disasters, and rescues. The team is also involved in education either in schools or businesses and the brigades all participate in a large national sports network.

Age, gender, physical characteristics - tall, short, round, thin are not barriers to being a volunteer firefighter.

You could gain skills that an employer will find desirable - HT licence and medical qualifications.

Oakura Volunteer Fire and Emergency Service usually has about 50 callouts a year so the role is not onerous. The system works on a roster and with three or four more volunteers the rosters would be in very good shape.

Contact Matt Crabtree - Chief Fire Officer: 0272494735 or David Rielly DCFO: 0276758378 for more information and to discuss your suitability.

Oakura Firefighter profile

Mark Stewart

52 years

Position: Station Officer 3IC

Years in Service: 21 years Years in Oakura Service: 5 years

Why did you join the Fire Service: My father was also a volunteer firefighter. I wanted to give something back to my community, I am probably a 'natural volunteer' - will put my hand up for anything!

What benefits do you get out of being a firefighter: I get support from my peers and I also help others deal with the stress of being a firefighter through peer support.

I live in Dixon St so I am the second closest firefighter to the station and I work at the Port as a Permit Issuer. When not working I enjoy watching movies or watching my son play sport.



Kaitake Community Board

Greetings to all, I do hope you have survived the nasty flu virus doing the rounds and that the continual wet weather hasn't been too much of a hindrance as you get on with your day. Like many others I have grizzled about that winter weather and spent an unfortunate three weeks coughing my way through an influenza episode. But there's still much to be thankful for.

When we arise in the morning, make a cup of tea, perhaps take a shower or use the toilet, few of us spare a thought about the origin or maintenance of those services, or indeed the number of people all accessing them at the same time. We just take them for granted. However many of our activities as we go about our daily business, are very dependent on services provided by the New Plymouth District Council. These range from water flowing freely from our taps, our rubbish collected from outside our house, finding a car park so we can borrow books from the library, taking our children or grandchildren to enjoy a park experience, or having a sports field or facility to play our favourite game and so on. To take that theme a little further I thought you might be interested in the size and cost of some the core services the council provides.

Let's start with the water services. Council needs to collect and store water, treat it so it is safe to use and then transport to us. It also has to maintain water reserves for firefighting capability. There are four treatment plants in the district, daily treating about 33 million litres of water. The replacement 'like-for-like' costs for those are in the vicinity of \$33 million. Council has 17 storage reservoirs holding 55 million litres with a like-for-like replacement cost of \$31 million. Then there are 805 kms of trunk and distribution mains to get the water to us - another \$214 million investment. If there is a fire there are 3,613 access points and hydrants for the fire service. There are some issues, as there always will be. For example there is some storage pressure on key reservoirs during high demand times, an ongoing replacement programme for ageing pipes and equipment, while Inglewood currently has a water discolouration problem. As our population grows I'm sure there will be a need to provide more public education on water conservation.

Now let's have a look at our wastewater services. The collection from residential properties requires 644 kms of pipes and 7280 inspection manholes. Over 5000 testing samples are taken from commercial properties each year as part of the council's environmental protection processes. There are 35 pumping stations in areas where natural gravity won't work, the waste water treatment plant in the city treats over 10 billion litres per year and removes over 1500 tonnes of bio solids. One of the main issues for council is to inhibit inflows and infiltration into the sewer network, another is the upcoming replacement of the ageing thermal drying facility that handles the bio solids.

Stormwater control is another biggie. There are 319kms of pipes and 4820 manholes across the district with a replacement like-for-like cost of \$148 million. Maintenance, renewals and servicing of that network is in the vicinity of \$60 million. Part of that servicing is kerb and channel maintenance - 7,684 kms of sweeping and 15,636 sump cleans each year. The council owns three flood detention dams and 630 metres of diversion tunnels valued at another \$13 million. A major issue for council is managing stormwater in Waitara, particularly with the challenges posed by the low lying land and the river.

We've been hearing plenty about managing our solid waste over the past few years or so, and there is a big push towards attaining zero waste. To achieve that, both the council and the community will need to make a shift in how we manage our waste and resources. There will need to be infrastructure development, as well as education and behaviour change programmes. Currently 55,000 tonnes of waste go to the Colson Road landfill every year and another 6000 tonnes is recycled. Changing that balance is imperative. The council has five transfer stations, with the rubbish collected there going on the Colson Road landfill. However the landfill only has a life expectancy of another two years. After that solid waste disposal costs will rise as our rubbish will be transported to the new region-wide facility south of Eltham. Obviously more public education is needed to increase recycling, especially green and food waste, and as costs rise there is an expectation that there will be more illegal dumping or fly tipping.

Finally let's turn our attention to transport. There are 1,277kms of roads, 255 bridges, 217 pedestrian bridges, 376 culverts and over 5kms of retaining walls. Also 10,908 traffic signs, 24 sets of traffic signals, 8100 street lights and 829,770 square metres of footpaths and paving. All of this adds up to like-for-like replacement value of around \$558 million. There are always ongoing maintenance and renewal issues to attend to and another irritation is that so few of the public distinguish between council roads and state highways. All aspects of state highways come under the umbrella of the New Zealand Transport Authority.

Our district is pretty unique for its diversity of recreation and open spaces including beaches, walkways, rivers and streams, recreational trails, neighbourhood parks, swimming pools, playgrounds, skate parks, sports grounds, the mountain and cemeteries. The public access and use of these recreation and open spaces, from Mount Taranaki and to the sea forms part of the district's identity. These are significant features that attract people to New Plymouth District. But consider for a moment those far-reaching council services, mostly under our feet. They too are particularly significant for our district, and play a major role in making our district a place like no other.

Well, that's it for this issue. Ka kite ano.

The next meeting of the Kaitake Community Board will be at the NPOB surf club at 4.30pm on Monday, September 11. Doug Hislop (752 7324) on behalf of Mike Pillette, Paul Coxhead, Graham Chard and Roy Weaver who is the Council representative on the KCB.



A vision for all New Zealanders

Many discussions are had during the campaign period, but one of the conversations I enjoy the most is asking people what kind of New Zealand do they want to see in 10, 20 or 50 years' time. What kind of country do you want to live in? What kind of place do you want your grandkids to inherit? It is our decisions now that shape this future together.

The vision I have for New Zealand is a country where people are supported in strong families and caring communities. Where they have excellent education, are skilled and employed and that we all have that strong sense of personal motivation.

We are a confident nation, and our place on the world stage as innovators, entrepreneurs and deliverers of world class products will ensure business opportunities continue to grow. We want an economy that supports and enables that confidence so our country is filled with people who don't limit their thinking, boldly try new ventures, and where New Zealanders have choices and can focus on what matters to them most. We are a society with broad diversity, and we need to have a county that is tolerant, inclusive and appreciative of one another's contribution.

One of the core values that drives me is the need to have strong and caring communities. We are a nation of DIYs and independent free thinkers. But coupled with this is the drive to ensure we look out for each other, especially those who are struggling to get ahead. We must continue to build a society where we provide a safety net when people need it, as well as promoting self-reliance.



A: Corner Gill & Liardet Streets

- E: newplymouthmp@parliament.govt.nz
- W: www.jonathanyoung.co.nz
- Jonathan Young Mp
- jonathanyoungmp

Authorised by Jonathan Young MP. Corner of Gi



& Liardet St. N

We must take hold with both hands our responsibility to ensure our environment can be passed to the next generation in better condition than when we received it and be responsible contributors to improving our global environment.

A vote for National is a vote for a government that has a vision for a strong, confident and forward thinking country. We are a party that will deliver an economy that will ensure kiwis across the country get the healthcare they need, the education they deserve, and positive decisions by a government that wants all to succeed.

A National government on September 23 is the best way to ensure New Zealand seizes the opportunities we have and builds the future we all want.

Authorised by Jonathan Young, Cnr Gill & Liardet St, New Plymouth

Work of art by kindy kids and Kris



Kaitake Kindergarten are once again planning their major fundraising event of the year – "Art on a Plate" which is held at Okurukuru Winery on Friday 15th September. Approximately 35 artworks are up for auction, most of these are by local well known artists. This event is supported by the wider community, tickets are \$65 which includes a delicious meal and the chance to purchase some fantastic art.

Kris White is one of the artists that has supported the Art Auction since we started holding these events annually for the last seven years. Each year she volunteers her time and comes to kindergarten to give the children an art lesson. All of the art auctioned is adult art except one special piece that the children have helped with. Kris explained to the children about the art auction and said she would like them to help her paint a picture to be sold. First the children sketched the concept that Kris explained and then some budding artists helped with the actual work. There was no shortage of volunteers and most of the children had a turn at actually painting. There is another part to our lesson and Kris is coming back for the children to add some finishing touches to this special piece of art.

In the past there has been a great deal of interest in the art piece that Kris has worked on with the Kaitake Kindergarten children and many proud parents are keen bidders.

We would like to see you at the auction. Please phone the kindergarten 7527016 to reserve tickets or call in 2 McKellar Street, Oakura.

Kris White above and left, at Kaitake kindy helping with a special artwork.

Puke Ariki Oakura Library

Happy Father's Day to all the dads out there. It's a special celebration of family and love.

We have Nigel Latta's "Fathers Raising Daughters" and Michael Smith's "the Power of Dadhood".

Dads, we've got some cookbooks to inspire: "Speight's Southern Man Cookbook", "Pizza Oven" and "Hunter from the Heartland". Take good care of yourselves too with "Advanced Surf Fitness for High Performance Surfing", "Run!" or any of our numerous yoga books!

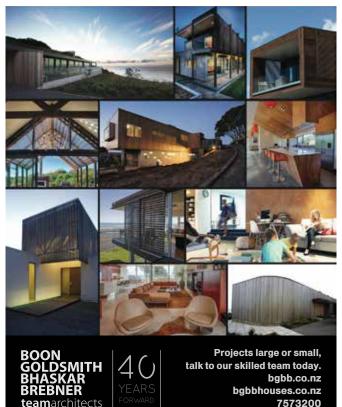
Don't forget to vote! We have brochures with information regarding the September 23rd elections. Hopefully, our elected leaders will realise that "small steps will no longer get us to where we need to go. So we need to leap"(from Naomi Klein's "No is Not Enough: defeating the new shock politics").

From the 25th September until the 15th October we will be displaying Creative Creatures, art created by Brookland Zoo animals.

Crackerjacks is on Thursday 21st September. Get the kids hooked on books and join us for a crafty and creative story time. Last month the children enjoyed "weaving a web" for their colourful spider.

"That's what I love about reading: one tiny thing will interest you in a book, and that thing will lead you on to another book, and another bit there will lead you on to a third book. It's geometrically progressive-all with no end in sight, and for no other reason than sheer enjoyment." (From "the Guernsey Literary and Potato Peel Pie Society").

Happy reading, Charlie and Vincenza



Re-purposed rubbish from Oakura Beach

The photo below is of a rubbish collection that many Oakura locals and visitors (once they saw what we were doing) have helped to drag, roll or carry off the beach over the past many months. We have been able to wash and recycle clothing, shoes and towels via the vet groups and the Hospice.

Many beach toys have gone to local kindergartens. Balls and boogie boards to people we knew needed them. Baskets and bread crates, garden sacks and fishing weights and lines to people that could use them. Fish feed cages, fish bins and dive bags to fishing friends. Broken fishing poles have become veggie stands in our gardens and they also make fine lightweight strong walking poles!

Port Taranaki collected the buoys which will see them reused. Its been a great exercise in finding treasure from trash and one to celebrate perhaps. We are very proud that this is no longer on our beach and in the sea and we thought the local community would like to know how their labour has paid off.

The rest that's broken and of no use is now destined for the tip. There are hundreds of small bits of plastic and bags, fishing line and hooks in this collection.

Fy Tait Oakura resident



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Coppelia - 1979 to 2017

The Dance Theatre and its personnel have a long and happy association with the comic and ever popular ballet Coppelia.

The Dance Theatre's first production of the three act ballet was in 1979. It featured Leon Draper as Dr Coppelius pictured on the right with Jane Roseman as Swanhilda and Nigel Gallienne as Franz (in his first major classical role, before heading off overseas for a career in dance). Leon danced professionally with Ballet Rambert in London, with the Opera Ballet at Covent Garden with the Royal Ballet (at the same time as Val Deakin), and with the early New Zealand Ballet.

The second production of the ballet by the Dance Theatre was in 1986. This production featured Jane Roseman, Brian Simmons and Leon Draper who came down from Auckland to be a guest artist as Dr Coppelius. Unfortunately he injured himself after one of the first performances, and Val Deakin had to step into the role with only 12 hours notice. She was very familiar with the role, having taken all the rehearsals, and also having seen the role at Covent Garden in London and Frederick Franklin when she was working with the National Ballet in Washington, D.C. Brian Simmons later moved to Canada and has danced the role of Dr Coppelius there.

The last time the Dance Theatre presented the full length ballet was in 1997. Val Deakin again took the part of Dr Coppelius and Jane Roseman was Swanhilda and the role of Franz was taken by Toby Parsons. After dancing the lead in Coppelia and The Nutcracker, he went on to dance professionally in New York and North Carolina in the USA.

This year's performances which will take place on September 22, 23 and 24 will feature Nigel Gallienne as the toymaker Dr Coppelius and long time Dance Theatre performer Peter Rothwell as Franz. The role of Swanhilda will be shared by Jane Roseman and Inge Vink – both well known to New Plymouth audiences for their many performances with the Dance Theatre.

Coppelia ballet history

First presented in Paris in 1870, Coppelia has delighted audiences ever since with its mixture of humour, charm and lively dancing. It is subtitled "The Girl with Enamel Eyes" - referring to the life -like doll "Coppelia" created by the toymaker, Dr. Coppelius.

The original production was choreographed by Arthur Saint-Leon to music by Leo Delibes. It had a scenario by Charles Nuitter and Arthur Saint-Leon and was based on the ETA Hoffman story Der Sandmann, one of the earliest to have a doll come to life. As was the case in that day, the leading roles were all taken by female dancers. However, since the early twentieth century, male dancers have taken on the role of Franz, with some such as Frederick Franklin making a name for themselves in the part.

There have been numerous choreographic versions of the ballet produced all over the world.

Coppelia introduced into ballet a rousing Hungarian dance called the czardas, and since then dances based on national and folk dance have become very popular in ballets.

Part of the enormous success of the ballet has been the wonderful music by Leo Delibes, with its mixture of national and folk



Above in 1979 - Jane Roseman, Leon Draper and Nigel Gallienne, below in 1997 Jane Roseman and Toby Parsons and bottom Inge Vink, Jane Roseman and Peter Rothwell.



dances (mazurka, czardas, gig, bolero) and its lovely melodies. The Delibes score inspired Tchaikowsky in writing some of his later compositions for ballet.

The story, one of the first to be concerned with real people, not supernatural creatures or royalty, is about an old toymaker Dr Coppelius, whose prize creation is the doll Coppelia. She is so lifelike that the two young fiancees, Swanhilda and Franz, are fooled into thinking her real.



Black Sands Pizzeria and Bistro

Black Sands Pizzeria and Bistro has the best views of any restaurant in Taranaki and the pizza is awesome too! Situated in the NPOB's clubrooms and looking out over Oakura Beach, Black Sands serves pizza and a bistro menu from Friday to Sunday. Previously known as Pekaren it is now run by Martin Barlok, the passionate Slovakian who loves cooking healthy pizza.

The eyecatching logo has been designed by local woman Sandi Hickey and encapsulates all the important elements of a pizzeria on Oakura Beach.

Martin cooks his pizza the Neopolitian way - cold fermentation of the dough over several days then a very quick bake at 400 degrees plus with the end result - delicious pizza.

To ensure a seat, book early and get in and enjoy the ambience of Oakura Beach. Phone 752 7806 to book.



DANCE CENTRE



Friday 22 September 9.30 & 11.00 am Saturday 23 September 1.00 & 3.00 pm Sunday 24 September 1.00 & 3.00 pm Tickets \$20, \$15 and \$10 - Group and family discounts

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Introducing our team... L to R, picutred below: Angela Childs - senior stylist Tracey Coburn - senior stylist Rachel Kruger - owner Shearyn Adlam - assistant and reception Hayley Julian - senior stylist (on maternity leave) Lisette Meads - senior stylist

We would love to help you solve any hair problems you are having. Want to chat? You can book in for a free consultation.

Photos featured here are from our Facebook/Instagram pages: The Hair Boutique Oakura taken by Lauren Luttrell.

We would love you to come visit us and check out our new space. 1139 South Rd, Oakura Ph 06 7527300 Txt 0272765185 Book online through our fb page Like us on Facebook or Instagram **Rachel Kruger - proudest salon owner in NZ!**

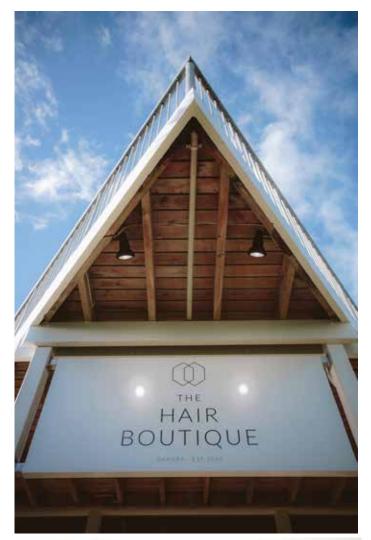


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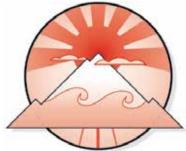




Your local Oakura Real Estate & **Property Management team**

Phone the team today for all your real estate requirements. (from left to right)

Anjie Cook - Sales Consultant John McDonald - Systems Manager Tracy Malone - PA to Rachel Hooper Robyn McDonald - Rental Manager Daniel McDonald - General Manager Scharleen Kettle - Reception Rachel Hooper - Sales Consultant Blair Burnett - Rural Sales Consultant



Oakura School

Plastic Free Lunch Boxes

A new environment-aiding house competition has been put into place at our proud Enviro School. To keep our school and community litter-free we have made a new way to earn points for the school houses (Matekai, Patuha, Koru and Wairau).

The main organiser of the plastic free programme, Ms Des Forges, says 'we are the enviro warriors of today and tomorrow.' Our house leaders, have been working hard to organise this programme. Lily, a Matekai house leader believes that 'every little thing contributes to the wellbeing of our planet' and Angela, a Patuha house leader thinks that 'educating the adults of tomorrow about the importance of caring for the environment is significant for our future'. Every child will be awarded one point for their house for each day they don't have plastic in their lunch box. Reusable plastic bags, containers, wax wraps and tin foil are suitable for a plastic-free lunch box. Hopefully this optional challenge will motivate children and parents to reduce the litter in our community and have a positive impact on our global plastic issues.



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2017 Taranaki Technology and Science Fair

Over the last few months the year 7 & 8 team were privileged to be able to participate in the WITT Science and Technology Fair. We entered 54 entries of observational drawings of seeds, photographs of chemical reactions, journalism - with the topic: Should New Zealand be more Involved in the Space Industry, and scientific investigations. We are very proud of everyone who participated and won prizes. The following students won prizes:

Years 7 Placings:

Observational drawing :Merit: Ellie Dinnis, Photography: First: Renee Donovan, 3rd: Janaye Sullivan, Merit: Ruby Henwood, Merit: Jack McNeil. Journalism: First: Ella Bolger. Investigation: Merit: Kate Hilliam.

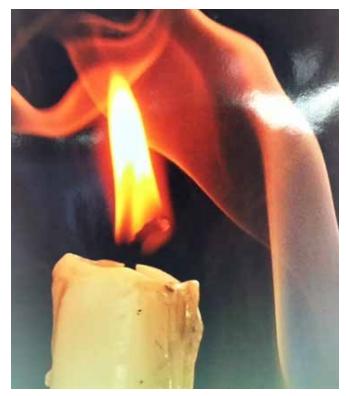
Year 8 Placings:

Observational Drawings: First: Holly Stoddart. Photography: 3rd: Jago Robinson, Merit: Ed Shearer Investigation: 3rd: Lily Stoddart and Chloe Goodkind, Merit: Hayley Meyburg

Special Prizes: Fonterra Trophy for the best year 7 & 8 project reflecting Rural Taranaki: Hayley Meyburg, Dairy NZ prize for agricultural projects: Hayley Meyburg, NIWA Environment prize: Lily Stoddart and Chloe Goodkind

Written by Lily Stoddart (age 12), Holly Stoddart (age 12), Ella Coates (age 12) and Amy Parr (age 12)

below is Renee Donovan's chemical reaction photograph and left Lily Stoddart accepting the NIWA environment prize.





Coming Events

September

- 7 Omata School Cross Country Age 5-7 years 1:30pm
- 8 Omata School Cross Country Age 8-13 years 1:30pm
- 11 Puke Ariki Mobile Library 9:15-10:15am
- 12 Coastal Inter-school Cross Country Years 4-6 1pm
- 14 Full Primary Y7-8 Interschool Cross Country 1pm
- 23 Election Polling Booth at Omata Community Hall
- 25 Puke Ariki Mobile Library 9:15-10:15am
- 27 Taranaki Cross Country in Hawera
- 29 Music Assembly 9am
- Term 3 ends 3pm

October

- 16 Term 4 begins
- 18 Ukelele Festival 7pm at TSB Showplace
- 23 Labour Day holiday

Omata Orchard Planning and Planting

Our exciting 'orchard' rich topic has culminated in the recent landscaping and planting of our very own orchard. In planning the orchard we tried to tie all the learning to our purpose of creating: A sustainable, visually enticing, accessible space where children and community can connect with nature and nutrition.

With the support and help of our school and wider community we managed to raise \$10,580 to create the orchard which is now near completion. Huge thanks to: Bena Denton, landscape designer, who has walked along side us and mentored the project through to fruition and our industrious parents who gave product, time and expertise to the construction. Also, a big thank you to the whole Omata community who have generously donated to this wonderful project. Most of all thanks to the children of Omata who researched and planned the orchard to be a place of learning and well-being where they can connect with nature, socialise, harvest and connect with where food comes from. We hope many generations of Omata children will reap the benefits of this project.

Omata Community Hall

Thanks to a generous donation from the TSB Community Trust the hall kitchen will be getting a makeover. Thanks so much to the Omata Hall Committee for making the hall a central point for the school and the community. The hall is used by several regular groups during the week; Omata School Playgroup every Thursday 9-11am, Zumba Tuesday evenings at 6:30pm and Yoga on Wednesday evenings either 5:15 or 6:45pm and of course the school makes use of this great space every day. If you would like to join in any of these sessions in the hall you can contact: Sandra Antill 027 418 6292 Playgroup: Yoga: Annalisa Facer 027 444 8345 Zumba: Elsa Nordin 021 160 8987 The hall is also available for the community to hire by phoning the school and talking to Bronnie 06 7512308.

Karen Brisco Principal

Gary McKee, Bena Denton and Year 8 student, Lochi Smith, plastering over one of the earth bag walls.



SPOTSWOOD COLLEGE



Greetings to our Coastal, Oakura and Omata Communities

Term III involves a great deal of planning for next year: Year 8 students are making decisions about their Secondary Education beginning 2018. If you missed our Open Evening please contact us for an interview and for enrolment information. Year 10, 11 & 12 students are selecting courses for 2018. Students are encouraged to use the goals from their IDPs and the Pathway planning work we did in Term II to assist them to make the best 2018 course selections they can. Students will be discussing the course selection process with whanau teachers and parents.

Year 13 students are currently planning their transition from school to work or further study.

Should you require any further help in assisting your children plan for 2018 please contact us.



pictured above - Staff Kapa Haka

Sue Gunn – NZ's Favourite Teacher

Mrs Gunn has been named New Zealand's Teacher of the Year in an award run by Stuff, TVNZ and Matilda the Musical.

Sue has taught at Spotswood College over the past two years and before that at Sacred Heart Girls' College. Sue teaches English and manages our Te Waka Awhina Centre – well done Sue!

SEPTEMBER DATES

- 1 Te Kahui Whetu Staff Kapa Haka Performance Victoria Open Day - Wellington
- 4 EXAM WEEK and Senior Homeroom Completion NZSSSC Winter Tournament week
- 17 TSSSA Table Tennis
- 18 NISSSC Ski Comp @ Turoa 18-20
- 22 TSSSA Rugby League
- 25 NISSSC Board Comp @ Tuora 25-27
- 26 TSSSA Junior Volleyball
- 28 Spotty Idol
- 29 END OF TERM 3
- 14 OAKURA

International News

Another exciting start to our term! Three new German students Pia Escabache (Yr12) and Hannah Reisen (Yr 13) are here for two terms and Anne Lesniak who will be at Spotswood College until the end of 2018 to complete NCEA Level 3. We are also very pleased to welcome two boys from 'new source countries'. Chung-Hsiang Chia (Yr 12) from Taiwan and Reza Fahlevy from Indonesia.

Our International Director, Gloria Holland has returned from sick leave. She is well recovered and enjoying 'going back to her roots' teaching a daily ESOL class to our ten visiting students from Dongguan Middle School, Dongguan (Southern China). With us for a month, the group comprising six girls, four boys and two teachers will have a real opportunity to experience life in a New Zealand classroom, school and home.





Spotswood International students pictured with Mayor Neil Holdom during the welcome function held recently at the New Plymouth District Council for International Students studying in New Plymouth.

As always if you have any queries or concerns regarding our students or our school please contact us accordingly or visit our website www.spotswoodcollege.school.nz.

Nga Mihi Maioha Mark Bowden Principal





Over the last nine years, Alby James from Body Rehab in Oakura has been working to help people from all walks of life with all sorts of complaints, focusing on releasing both physical and emotional pain or discomfort from the body. The most recent two of those years have been spent in his studio in Oakura, tucked away just off the main road. Learn more about what Alby does and how he does it...

What sort of symptoms can you help with?

I rehabilitate people with concerns such as continuing pain anywhere in the body, plantar fasciitis, rotator cuff and shoulder injuries, carpal tunnel syndrome, sciatica, fibromyalgia, tennis elbow and groin pain etc. Through using EFT I have successfully helped people with deep set emotional conditions of anxiety, fear and depression, trauma and abuse, phobias, self-sabotaging behaviour patterns, addictions and physical illnesses, to name a few.



What is EFT?

Emotional Freedom Techniques or EFT (often known as 'tapping'), works by releasing blockages within our energy system which are the source of emotional discomfort. These blockages, in addition to challenging us emotionally, often lead to limiting beliefs and behaviours and an inability to live life harmoniously. It is now common knowledge that emotional disharmony is a key factor in physical symptoms and dis-ease and for this reason EFT can be successfully used on physical issues too. It involves the use of fingertips to tap on the end points of energy meridians that are situated just beneath the surface of the skin.

How do you effectively rehabilitate bodies?

I use a combination of trigger point therapy, stretching and functional movement patterns to release pain and engage the muscles that need to be working for healthy movement. When people experience pain in their bodies it is usually a sign that there is dysfunction somewhere within.

Why do you recommend trigger point therapy?

Trigger points are commonly known as 'knots' in the muscle tissue and fascia, they can create dysfunctional movement and miss-alignment which means our joints are then used in an incorrect way, causing degeneration and often leading to hip or knee replacements/reconstructions, rotator cuff or shoulder surgery, and spinal fusions. This is used to release the tension from muscles that are over-tight and restricting blood flow to certain areas of your body. It will promote blood flow which Is a necessity in healing your body. No blood flow = no healing!

Why is stretching so important?

Our bodies adjust themselves to what we do, so it's vital that the body is adequately stretched, lengthened and compressed to allow it to realise all of its potential movements and not get stuck in inactive positions or limiting patterns.

What are functional movements?

These are movements practised with awareness of the body and its positioning to maintain correct posture so that equilibrium can be maintained or restored in the body. Learning how to move functionally with everything you do, whether it's for sports and athletics, general fitness, or daily life activities, is very important for maintaining good health and avoiding injury.

ARE YOU TIRED OF LIVING WITH PAIN? THERE'S A HIGH POSSIBILITY IT CAN BE RELEASED! CONTACT ALBY TODAY FOR A ONE ON ONE APPOINTMENT

ALBY JAMES | 027 336 1763 | WWW.BODYREHAB.CO.NZ



Club Results

Men's Division

The men have now started the club championships and we've had a really good turn out so far and have been lucky with the weather. So far Gross and Nett results - John Haylock is leading the Seniors; Roger Cloke the Intermediates; Colin Weddy the Juniors Gross and Alan Bennett the Juniors Net and Jim Gordon the Limits. Round three started off good but the weather turned and had to be postponed till next week hopefully.

Women's Division

Mid-Week ladies Top-Dog Winners D Johnson, M Barrett R/up H Beaurepaire, B Crombie

Club champs matches are into second round and even with wet conditions still on track.

Kaitake Ladies Golf Club 72 Hole Matchplay Foursomes are Wednesday 18th and Thursday 19th October 2017. Now is the time to decide on entering this popular tournament as the first 48 pairs for 18 prepaid holes and the first 16 prepaid pairs for 9 holes will be accepted. For further details contact Jenny Ross Ph: 06 751 1661 or email berniejenny@xtra.co.nz. Entries close 8th October 2017.

Chippers

Chippers continue to thrive and they maintain their enthusiasm regardless of the weather. Dominic Barson comes out once a month to provide extra coaching and he has commented on the improvement in the skills of the group.

If you have child 5 - 12 years, wanting to try golf the Chippers meet every second Sunday. Once registered the Chippers are registered on Dot Golf and can work towards getting a handicap. Congratulations to D'Angelo Squatriti the first of our Chippers to get his handicap.

Rain

As Im sure you are all aware there has been so much rain over the last few weeks. We are fortunate to say we have only had to have one day the course was closed due to the conditions. As our members will know this is the front of the 6th tee which is the worst of all holes.

Statistics of rainfall so far on Kaitake Golf Course this year: Jan: 148mm, Feb: 170mm, Mar: 123mm, Apr: 162mm, May: 180mm, June: 155mm, July: 310mm.

New Members Welcome

New golfers are encouraged to give 'golf a go' there is still plenty more days of golf to go before end of year so come take advantage of our 50% discount till the end of the year. Aged between 19 and 35 years? This is a good opportunity to join. Already many have taken advantage of the new \$10 rate per years of age membership fee to become a full playing member. For example if you are 22 the membership fee will be \$220 per year with a 50% discount for half a year - an awesome opportunity to start your golf with plenty days left for the end of year. Children 5 – 12 years? Kaitake Golf Club has a Chippers group that meet every second Sunday between 10.00am - 12 noon for coaching and a few holes of golf. Membership fee is \$40 for the year that also includes access to play on the course with an adult. The Club have sets of clubs the children can borrow. Come as you are - casual dress shoes and a hat. It is not too late to start as we have a special \$20 membership fee till the end of the year. SUMMER MEMBERSHIP – COME AND GIVE IT A GO! 1st November 2017 – 28th February 2018

We are offering a special Summer Membership of \$200 for this period. Summer will soon be upon us and we are running our summer membership again so take the opportunity and join Kaitake Golf Club. Should you want to become a full time member, \$100 will be deducted from 2018 membership. Phone the office for more information on all categories of membership or contact the Club Captains. Follow us on Facebook for more information or phone Denise in the office, Monday, Wednesday and Friday. Phone 7525667.

Oakura Tennis Club

Junior Tennis

Dust off your racquets and get ready for junior and youth tennis coaching and interclub at the Oakura Tennis Club. Our coach, Matt Stringer is back from the UK and ready to hit the courts again with all our wonderful junior players.

Junior coaching caters for players from 5 years old through to 18 year olds - all skill levels are welcome. Matt will be taking groups on Wednesdays and Thursdays during Term 4 – there will be before school and after school sessions available.

Junior interclub will start again in Term 4 and run for about seven weeks up to Christmas. This year, another beginners grade is being introduced called Red Ball Grade. This will be held once a month at different clubs within North Taranaki and is designed for the very beginner players who are just getting used to playing the game – mini courts, mini nets and larger low bounce balls. The orange, green and youth grades will continue on for the next skill levels up – these games will be played every week on a Friday. Matt can help you decide which grade of interclub you should be playing if you are keen.

Bookings for coaching will be available at the end of this term – if you played tennis last year, then you will get an email about this. If you are new to the area and would like to play, then we would love to hear from you. See contact details below.

Junior tennis contacts: Tash Lewis 027 775 5440, Anne Bridges 027 243 1766, Matt Stringer (coach) 022 045 8729

Adult competition will start in Term 4. We have midweek ladies played on Mondays between 9.30am and 2pm, and Saturday A grade interclub with teams of four males and four females playing singles, doubles and combines. Their is also a Saturday afternoon B grade competition with teams of four any mix - this was popular with a few families as kids and adults could play together. Please get in contact if you are interested in playing. For those that don't want to commit to every Saturday we are keen to accomodate you if you would rather play fortnightly or less often. Please contact Jackie or Graeme on 7527013 or 0276732900.

Cardio tennis continues on a Thursday morning at 9.15-10.15am but we are keen to start an after work cardio session if people are interested. Contact Matt Stringer.



Opening Day

The club welcomes any experienced and/or new bowlers to join the members for a roll up (all equipment provided) on Opening Day - Sunday 16th September at 1pm. Opening Day is not only for the bowlers but also for members of the wider Oakura community that wish to join a local friendly club to experience the club's friendly hospitality first hand. A full bar will be available and a scrumptious afternoon tea will be provided after the bowls around 3.30pm. If you require further information please contact Steve Muller on 06 7574399.

Opening Day will also see the unveiling of Oakura's revamped playing uniform for the 2017/18 season. A royal blue top with white inserts coupled with navy blue trousers and/or shorts along with a new club cap will see the Oakura boys be the envy of all the New Plymouth clubs.

Special Offer

Building the playing membership base is an important and challenging issue for any sporting club. The Oakura Bowling Club is offering all first-time bowlers a package deal with the offer of half priced membership fees (\$50) for the initial year, club polo shirt, use of club bowls and coaching sessions.

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Emily Batchelor Emily Bolam Krystel Cudmore Nicole David-Rees Vanessa Eliott. Melane Hansen Trudie Hudson Melasa O'Keeffe Dami Struijck Caroline Tyrrell

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Winter Interclub Tournaments

With six wins from seven games the Oakura (under 10 years) team of Kurt Smith, Adam Collins, Bruce Jackson, Bob Anderson, Kevin Fleming and Steve Muller successfully retained their title in the Paritutu indoor stadium Thursday night competition. It is three wins in as many years and a great result for the club as the opposition consists of some of Taranaki's best under 10 years bowlers.

Congratulations to the Oakura teams that finished 2nd and 3rd in the Wednesday fours interclub competition played in the stadium. Both teams were highly competitive and played some terrific bowls.

Well done to Steve Muller and Kevin Sellars in winning the New Plymouth pairs PBA competition played at the Paritutu stadium. The duo will travel to Naenae in September to battle it out with some of New Zealand's best bowlers for a finals spot at the World Indoor Pairs competition played in England later in the year.

Club News

Thanks to all the volunteers who assisted in keeping the surrounds in pristine condition over the winter break and those

Exhibition

who helped Alan Bridgeman and Wayne Robinson with the winter green maintenance programme. With the right weather conditions, the green will be back to its playing best for the upcoming season. Well done to Adam Collins and Steve Muller for selection in the Taranaki senior and under five squads (respectively) who played against a strong North Harbour outfit at Pukekohe in August. While the Taranaki team lost the competition, it was a great learning experience for both bowlers. The Underarm Bowler



TARANAKI NEW ZEALAND

Certainly been one of those winters and it still keeps coming with great skiing in the south and there has been the odd decent wave in between the storms but summer cannot come soon enough for most!

A quiet month with not a lot of news as we are all hiding from the cold, wet, Ssormy weather - did I mention wet! The NPBHS Surf team, pictured below could only manage 3rd place in the secondary school champs this year at Raglan after taking it out last year. The NP Surfriders have held the third event of their super 8 series being held at Fitzroy throughout the winter months - the open men's and U18 men's is being led by Daniel Farr, the women's by Natasha Goldsbury, the over 45's by Neil Pullen and the over 28's by Jarred Hancox. There are still rounds to go and always room for anyone who is interested, keep an eye on Facebook for dates and times.

The Oakura Boardriders AGM was held Wednesday 30th of August so by the time you read this the club will have a lot of new officers. There promises to be an exciting summer ahead with a new committee with new ideas, the continuation of surf lessons, the building of the new skate park (watch this space if the council ever gets it's act together).

The café in the NPOB Surf Club has undergone a name change, a new menu and a revamp and is proving a popular spot, add to this Vertigo across the road and the beach is getting a little vibe going which is great to see. Add to this a few changes on the main road area giving some local entertainment options which are always well received.

Paige Hareb is sitting on the requalification bubble and hoping for a good result soon which should push her back onto the main tour. She heads to Europe soon for her next contest and we wish her luck. Ricardo Christie is sitting right there too and a couple more results would see him back on tour doing NZ proud. Having Kiwi surfers on the World Surf League Tour certainly gets people interested and is great for surfing in NZ.

Brent Anderson, Oakura Boardriders Luke Florence, President 027 493 0819



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Oakura hockey season ends

The Oakura Aces played in the Intermediate Premier Grade this year and had a great season.

The team was made up of a mixture of Oakura, Coastal, Omata, Spotswood and even an ex Oakura School player. This team make up displays the inclusive nature of Oakura Junior Sports Club where we will happily join forces with the wider community in order for a team to be formed and players don't miss out. It also helps to form great bonds between other schools for when these children head off to high school.

Whilst this was an intermediate grade team, we also had a few experienced Yr 6 players join the team and they all took on the challenge and played fantastic hockey. The team improved all the way through and really played as a team - it was enjoyable to watch. Our final game against Sacred Heart was high scoring 6-4, and we were lucky to come out with the win.

The Oakura Lightning team played in the Kiwi Sticks development grade. This team was made up of all new players – but this enthusiastic team developed well over the season and finished middle of the grade. The most important thing about this team was that they had fun and will be back again next year.

The end of year prize giving trophies went to: **Oakura Aces**

Most Valuable Player: Angela Spurdle Most Improved Player: Amelia McLorinan Special mention for most improved Players: Eva Martin Brodie Ferguson Charlie Bridges

Oakura Lightning

Most Valuable Player: Libby Robinson & Milla Lash Most Improved Player: Maia Dinnison

This was also a good time to thank Ana Spurdle for her massive contribution to Oakura hockey. Ana was instrumental in getting hockey up and running seven years ago and has coached all the

way through those years. Any players that have been fortunate to have been coached by Ana have experienced one of the best. This is Ana's last year with OJSC and she will be missed. We are however, very lucky to have Vic Robinson taking on the mantle of hockey coordinator and coach for the junior teams. We are so pleased that hockey will continue on at Oakura in years to come. Keep an eye on the OJSC facebook page at the end of Term 1 next year when we will be gathering numbers who are interested in playing.



above the Oakura Aces and right the Oakura Lightning





Local Business Directory





kitchens by glenjohns 06 759 0940

www.glenjohns.co.nz

NKBA

Showroom: corner Eliot & Molesworth Sts, New Plymouth

